

sound  oasis®  
sleep better. feel better. live better.

# Vibroacoustic Therapy System

*Proven to help you sleep, relax, renew*

Your brain responds to sounds that it hears.

Sound Oasis plays back nature sounds, music and therapy sounds based on Delta, Alpha or Theta brainwaves that coax your brain to match these frequencies and enter states of sleep, relaxation or renewal.

The cells in your body respond to vibrations that they feel.

Clinical studies throughout the world have proven the positive effects of vibration on circulation, temporary pain relief, increased mobility and many medical ailments.

The Sound Oasis Vibroacoustic Therapy System delivers precise therapeutic vibration frequencies to your body that massagers alone cannot provide.

## Vibroacoustic Clinically Proven Benefits

Increased circulation • Decreased pain • Increased mobility

88 Hz - migraine relief

68 Hz - reduces neck and shoulder pain

40 - 68 Hz - reduces anxiety, depression and autism symptoms

52 Hz - reduced lower back pain and menstrual pain

50 Hz - dislodges lung secretions

40 Hz - improves digestion

- lowers blood pressure

- reduces Parkinson symptoms

- intervention for stroke, alzheimer's and brain injury

- effective in treating multiple sclerosis

- relieves suffering from rheumatoid arthritis

27 - 38 Hz - insomnia relief

12 doctor developed,  
integral sounds for a total  
60 minutes of therapy



3 Relax  
Sound Tracks



3 Energize  
Sound Tracks



3 Stress Relief  
Sound Tracks



3 Sleep Preparation  
Sound Tracks

VTS-1000

Natural,  
Clinically  
Proven  
Therapy



Developed in conjunction with  
**Dr. Lee Bartel**  
World Renowned Sleep &  
Vibroacoustic Expert

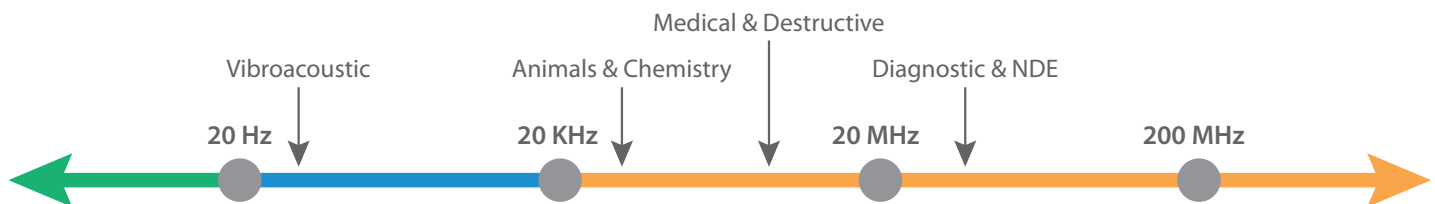
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## Why is Vibroacoustic Therapy so Effective?

Vibroacoustic Therapy is clinically proven to provide therapeutic health and wellness results. It works because:

- **Sound penetrates deeper.** It provides massage therapy to muscles and joints that hand/mechanical massage can not reach. For comparison purposes, ultrasound is a well known and accepted sound technology for viewing tissue inside a body and it operates at 20 KHz + (see graph below).
- **Vibroacoustic Therapy frequencies correspond to key brainwave activities.** Vibroacoustic Therapy functions at 20 Hz to 100 Hz, the same frequency range that the body's energy channels operate at. We can bring these energy channels into healthy alignment with Vibroacoustic Therapy.
- **Vibroacoustic Therapy provides sensual stimulation.** Like hand/mechanical massage, Vibroacoustic Therapy aids circulation, relaxes muscles and feels good.



*Use on your bed  
or on your  
favorite chair at  
home or office.*



### Product Features

- low frequency generator provides clinically proven low frequency vibration that stimulates body cells into therapeutic states of relaxation and healing.
- 2 stereo speakers provide soothing music with clinically proven brainwave entrainment for effective stress reduction, relaxation and healing.
- includes backlit remote control with 60 minutes of MP3 quality sound divided into 4 therapy groups: Energize, Relax, Sleep, Stress Relief.
- audio-in jack allows you to use any sound source (e.g. iPod, iPhone, MP3, CD player, etc.) for sound.
- automatic shutoff timer, vibration intensity control, volume control.
- audio-out jack for headphone use.
- includes: therapy unit, remote control, external sound source cable and 110V/220V adapter.

visit us at [www.sound-oasis.com](http://www.sound-oasis.com)

Sound Oasis Company  
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