

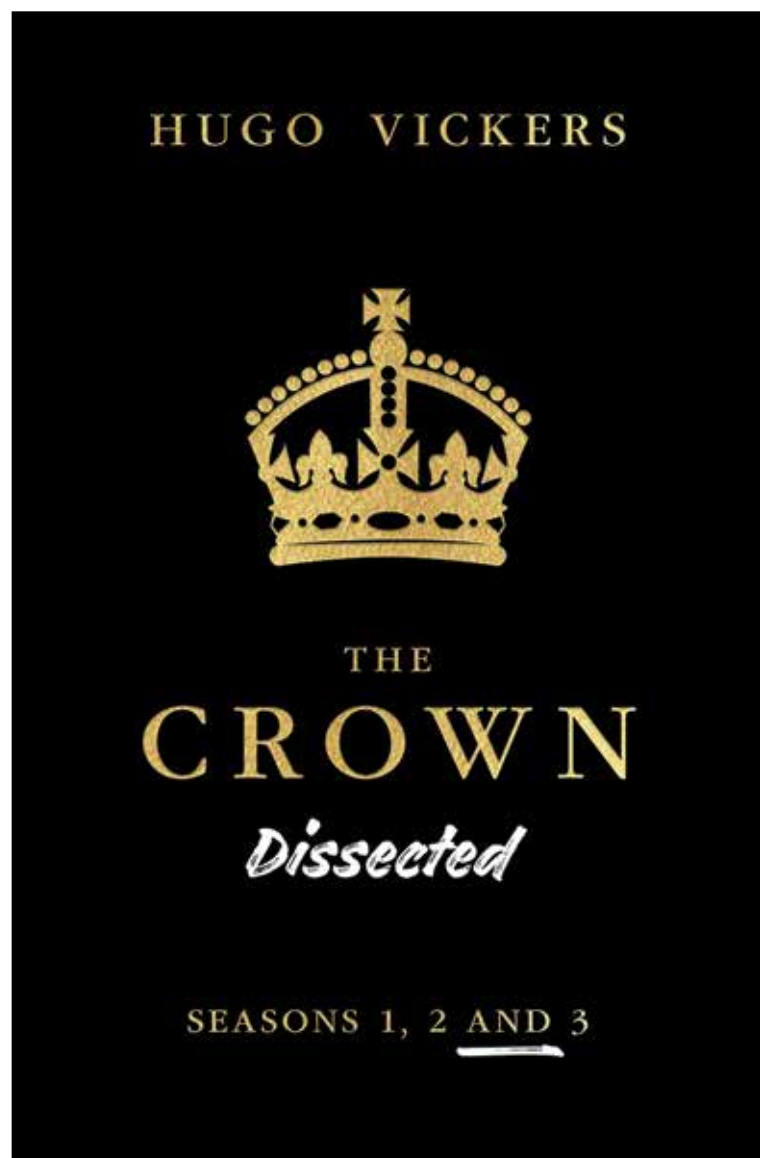


# FIREFLY BOOKS

SPRING 2020







### *Separating Fact from Fiction*

## THE CROWN DISSECTED

Seasons 1, 2 and 3

Hugo Vickers

*"The most knowledgeable royal biographer on the planet" — The Financial Times*

Hugo Vickers is an acknowledged authority on the British Royal Family. He has commented on royal matters on television and radio since 1973 and worked as historical adviser on a number of films. He is the author of books on the Queen Mother, the Duchess of Windsor, Princess Andrew of Greece (Prince Philip's mother) and Queen Mary all of whom are featured in the popular Netflix show, **The Crown**.

Since November 2016, Peter Morgan has presented millions of viewers with the first 3 seasons of **The Crown**, positioned as an accurate, dramatized portrayal of the life and reign of Queen Elizabeth II.

Now, in **THE CROWN DISSECTED**, Vickers separates fact from fiction in all 3 seasons of the series. Episode-by-episode analysis dissects the plots, characterization and historical detail in each storyline. Vickers tells us what really happened and what certainly did **not** happen.

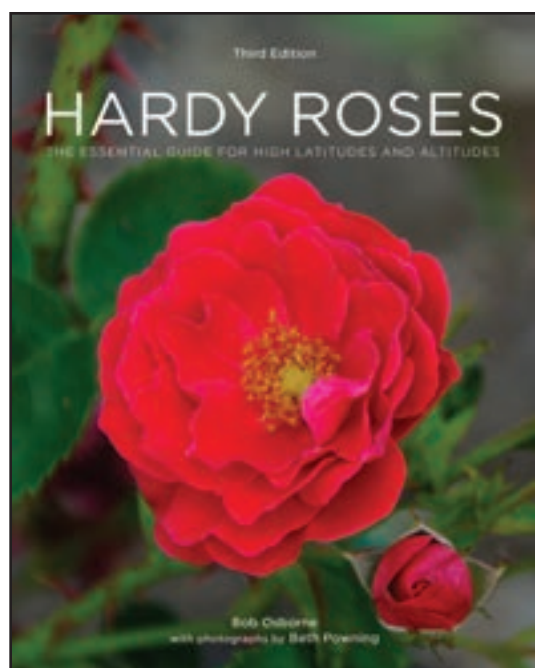
It's a must-read for fans of the show, and proves that more than a little artistic license has gone into the making of **The Crown**.

FIREFLY BOOKS 132 pages  
 978-0-2281-0250-2 5 × 7¾  
 paperback  
 \$9.95 US / \$12.95 CDN / Rights: U.S., Canada and  
 \$14.95 AUS AUS  
 Ctn qty:

FEBRUARY



Published by **FIREFLY BOOKS**  
 WWW.FIREFLYBOOKS.COM



3rd EDITION

## HARDY ROSES

*The Essential Guide for High Latitudes and Altitudes*

Bob Osborne

Photographs by Beth Powning

*The classic guide fully updated and expanded with the addition of over 25 hardy rose cultivars.*

In **Hardy Roses**, author Bob Osborne shares his decades of experience raising roses without any chemicals in some of the coldest winters. Roses need not be intimidating and doomed to inevitable failure, regardless of the climate. With this indispensable guide, northern gardeners can enjoy that early snowstorm confident that their carefully tended roses will survive.

For this new edition of his classic guide, Osborne has fully revised and updated his text. In the first part of the book, he carefully guides readers through the process of selecting, planting and caring for roses, touching on topics such as overwintering, pests and diseases, and propagation as he goes along. The second section profiles over 100 hardy rose cultivars divided into four main categories: climbers, tall shrubs, semi-vigorous shrubs and low shrubs. The guide also features a North American zone map and a detailed chart of hardy cultivars — ideal to use while shopping — describing color, form, hardiness, zone, vigor, fragrance, season, disease susceptibility and much more.

More than 125 exquisite photographs convey the roses' subtle coloration and beauty, and detailed line drawings illustrate the best planting, maintaining and propagating techniques for hardy roses. As the only authoritative book on growing roses in colder climates, **Hardy Roses** is essential reading for gardeners who want to experience the joy of cultivating these beautiful plants.

**Bob Osborne** is the owner of Corn Hill Nursery in New Brunswick, Canada. He is a gardening author, a columnist on CBC radio and a member of several horticultural organizations.

**Beth Powning** has photographed three previous books. In addition to being a photographer, Beth is a novelist and essayist whose work includes the bestselling *Home: Chronicle of a North Country Life*, *The Hatbox Letters* and *The Sea Captain's Wife*.

FIREFLY BOOKS

978-0-2281-0243-4

paperback \$24.95

Ctn qty:

FEBRUARY

208 pages

8 x 10

125+ four-color photos,  
15 illustrations, 2 maps,  
index

Rights: World





2nd EDITION, NOW IN PAPERBACK

## BUTTERFLIES

*Their Natural History and Diversity*

Ronald Orenstein

Photographs by Thomas Marent

*"Written in clear, easily readable language and relying little on jargon, this coffee-table-style book will interest anyone captivated by this unique group of insects. Highly recommended. All library collections." —Choice*

★ *"This gorgeous book reveals a wonder on nearly every page and will enthral natural history enthusiasts both amateur and expert alike." —Library Journal (starred review)*

This visual feast reveals a multitude of butterfly and moth species from around the globe. Here are some of the most colorful, spectacular and sometimes weird examples of the world's butterflies and moths. Vibrant color photographs and macro images complement the enlightening text written by zoologist Ronald Orenstein, who explains the scientific curiosities of these amazing insects. He makes clear how to differentiate between butterflies and moths; how caterpillars camouflage themselves; and how their feeding strategies and evolutionary adaptations help them prevail in the wild.

**Butterflies** has seven sections which provide comprehensive coverage of Lepidoptera. It includes the following and much more:

- **Introduction to Butterflies:** What are butterflies?; Color Patterns; Courtship; Migration; and Climate Change
- **Butterfly Diversity:** Swallowtails; Skippers; Whites, Sulphurs and Yellows; Milkweed Butterflies; Fritillaries; Emperors; Gossamer-winged Butterflies; Metalmarks
- **Butterfly Wings:** Flight; Color; Tails and Ornaments; Eyespots
- **Butterfly Life History:** Mating; Eggs; Caterpillars; Metamorphosis
- **What Butterflies Eat:** Feeding Apparatus; Flowers; Rotting Fruit; Drinking; Puddling
- **Butterflies in their Environment:** Predators; Camouflage; Mimicry; Overwintering
- **Myriad of Moths** includes Day-Flying Moths; Silks; Giants; Mimicry; Wing Pattern; Defense.

With stunning photography, authoritative natural history and an elegant design, **Butterflies** brings to abundant life the unfathomable beauty and variety of butterflies and moths.

**Ronald Orenstein** is a zoologist, lawyer and wildlife conservationist who has written extensively on natural history issues. His most recent books are *Ivory, Horn and Blood* and *Hummingbirds*. He lives in Toronto.

**Thomas Marent** is a wildlife photographer based in Switzerland. His previous books include *Frog*, *Rainforest* and *Life in the Wild*.

FIREFLY BOOKS

978-0-2281-0249-6

paperback \$24.95

Ctn qty:

224 pages

9 × 11

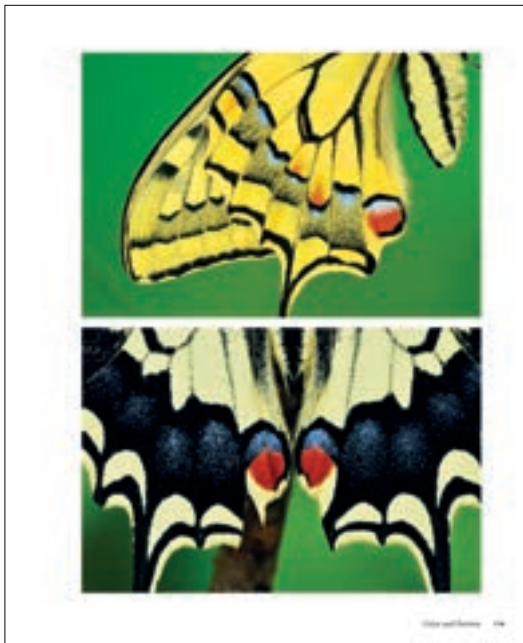
full color photographs throughout

FEBRUARY

Rights: World



Previous edition (hardcover): 978-1-77085-580-9







## SEASONAL HIGHLIGHT

## RAISING BUTTERFLIES IN THE GARDEN

Brenda Dziedzic

This exciting title is for butterfly lovers and gardeners who not only want to create a butterfly-friendly garden, but also want to support butterflies and moths in order to maintain healthy populations.

Author Brenda Dziedzic noticed that there were far fewer butterflies around today than she saw in her childhood. Starting in her own garden she set out to learn why and what she could do to fix this. ***Raising Butterflies in the Garden*** is the outcome of what she learned about these fascinating insects and the native plants they depend on. In this book, Dziedzic shares the vast experience she gained in helping butterflies thrive through all stages of life. She shows readers how they can do the same — no matter the time of year or the size of their property — by providing all of the information and practical guidance they need.

The book features more than 500 color photographs showing the life cycles of over 35 butterflies and moths — from egg to adult — as well as the host and nectar plants they rely on. Each profiled species also includes a North American range map.

**Brenda Dziedzic** is a Michigan gardener whose life changed when she became interested in butterflies. She is now an expert on the subject of raising Lepidopteran species and has won numerous awards for her work.

FIREFLY BOOKS

978-0-2281-0225-0

paperback \$24.95

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AVAILABLE

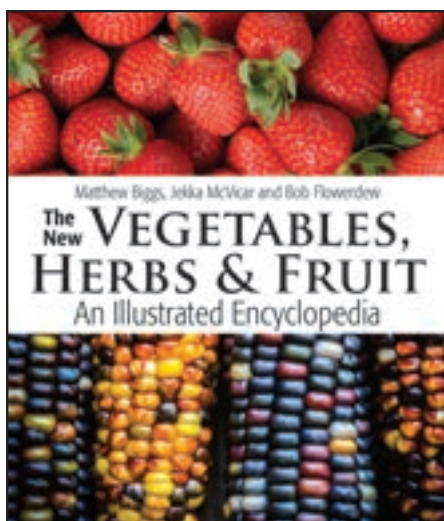
336 pages

6 x 9

500 color photographs and range maps, glossary, useful websites, bibliography, host/larval food plant index, butterfly and moth index

Rights: World





## THE NEW VEGETABLES, HERBS AND FRUIT

*An Illustrated Encyclopedia*

Matthew Biggs, Jekka McVicar and Bob Flowerdew

***“Satisfying ... There’s an abundance of information and tantalizing pictures.” — The New York Times***

This essential gardening tome covers more than 70 vegetables, 100 herbs and 100 popular fruits. The most current information on plant varieties and cultivation techniques make it the essential sourcebook for all food gardeners, especially for anyone who would like to start growing organic produce, and who feels they need some expert advice.

978-1-77085-798-8 · plastic-laminated hardcover · \$45.00

704 pages · 9¼ × 11 · more than 1800 color photographs and illustrations, A-Z directory, recipes, charts, glossary, further reading, seed sources, hardiness zones, index · Rights: U.S. & Canada



## GROW WHAT YOU LOVE

*12 Food Plant Families To Change Your Life*

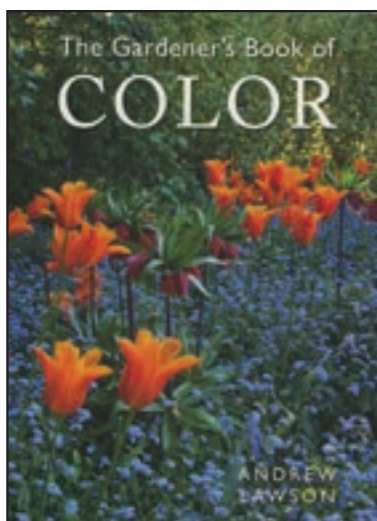
Emily Murphy

***“Gardening blogger Murphy’s beautiful debut makes gardening just as much an art as a science and encourages readers to adopt a more plant-driven lifestyle, from the garden to the kitchen.” — Publishers Weekly***

**Grow What You Love** is a simple guide to growing vegetables, herbs and more that will add flavor and variety to the fresh produce readers can access throughout the year. Aimed at novice and experienced gardeners alike, this is an image-driven, how-to adventure from an expert organic gardener with an enthusiasm for an authentic life.

978-0-2281-0020-1 · paperback with flaps · \$24.95

272 pages · 8 × 10 · full color throughout, 250 photos, online resources, zone maps, conversion table, seed company list, index · Rights: World



## THE GARDENER'S BOOK OF COLOR

Andrew Lawson

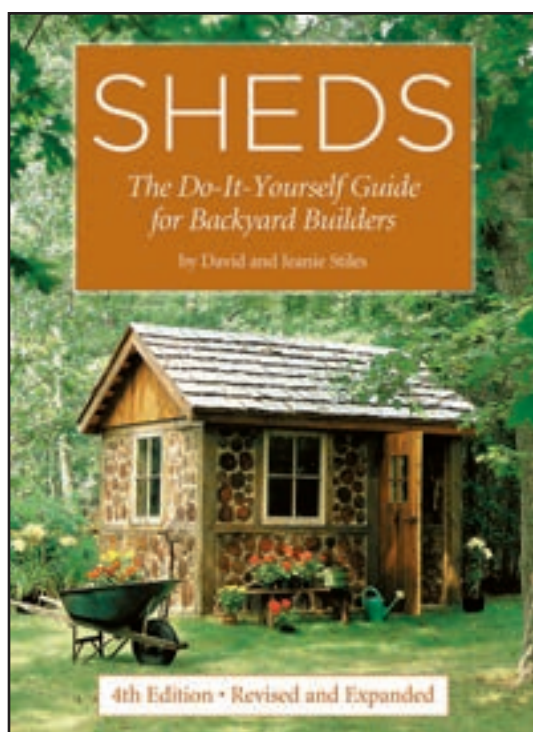
***A comprehensive guide to using color in the garden to best advantage.***

This guide takes color way beyond the existing guides for gardeners. It adds new dimensions to the art of gardening, and shows the gardener how to put plants together to make personal and effective combinations. It explores not only single-color plantings, but also the wide range of color associations available to the gardener for “painting” pictures with plants.

978-0-2281-0171-0 · paperback · \$24.95

232 pages · 6¾ × 9 · full color throughout, plant directories, 24 garden plans, bibliography, hardiness zones, index of plants · Rights: U.S. & Canada





FIREFLY BOOKS

978-0-2281-0246-5

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Ctn qty:

FEBRUARY

240 pages

8 x 11

4-color drawings, color  
photographs, glossary,  
further reading, index

Rights: World



Previous edition (paperback): 978-1-55407-224-8



## 4th EDITION, REVISED AND EXPANDED

## SHEDS

*The Do-It-Yourself Guide for Backyard Builders*

David and Jeanie Stiles

***"Procrastinate no more: Sheds: The Do-It-Yourself Guide for Backyard Builders will get you fired up and hammering before you're even back from a lumber-shopping spree."*** — National Post

***"Even if it's never before occurred to you to build [a shed], reading this book may provide a sudden rush of inspiration."***

— Globe and Mail

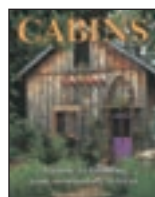
The fourth edition of this classic guide is expanded and updated to include 23 sheds to suit all needs and tastes. It covers all of the issues, from design principles, obtaining permits and safety to basic construction skills, precise explanations of what to buy, how to cut it, where it goes, what to do if it goes wrong and more. By following the book carefully with patience and care, even inexperienced DIY builders can succeed.

The how-to section is heavily illustrated with plans, assembly cutaway drawings, specifications and finished sheds. The projects list materials, tools, a daily schedule and step-by-step directions. A primer on construction covers framing, foundations, roofing, insulation, windows and more. The designs are based on a basic 8x10 shed.

In addition to the new designs are the basic sheds (e.g., gardening, firewood), and the more elaborate ones like the Irish Garden Shed, Japanese Boat Shed, a shed on posts and special-use sheds like a pool shed and a wood shed. The authors help the DIY builder think through all of the issues involved in the project, including intended use, size, cost, placement, degree of difficulty and much more.

This new edition will inspire homeowners to create the ideal functional addition to their property. It will help them decide on the right plan, finesse it for their needs and tastes, shop for materials, organize their time, and put together their one-of-a-kind shed.

**David and Jeanie Stiles** are the authors of 25 "how-to" books which have sold more than one million copies. Their work has appeared in newspapers and such publications as *Architectural Digest* and *Better Homes and Gardens*, and has been featured on HGTV, the Discovery Channel and "The Today Show." They divide their time between New York City and East Hampton, New York, and their one-room cabin retreat in the Hudson Valley.

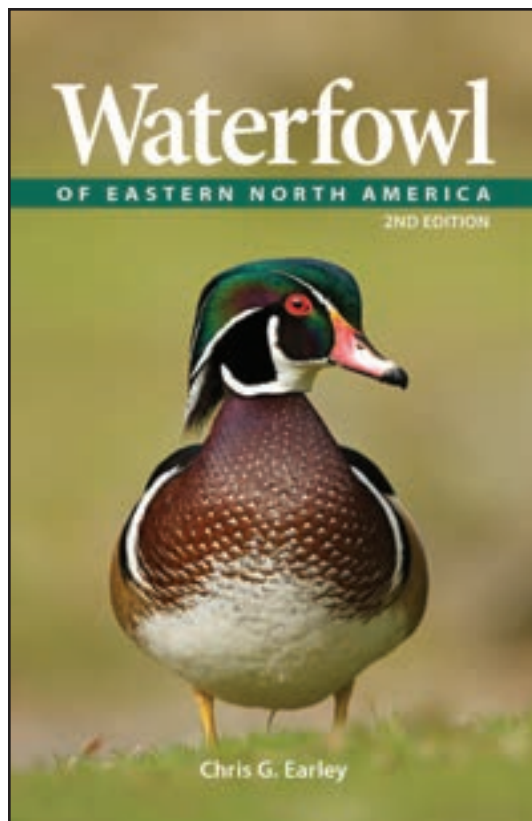
*By the same authors:***Cabins**

A Guide to Building Your Own

Nature Retreat

978-1-55209-373-3

paperback \$19.95



2nd EDITION

## WATERFOWL OF EASTERN NORTH AMERICA

Chris G. Earley

*"This is an attractive handbook for novice birders, new hunters, and others wanting to name waterfowl. Summing Up: Recommended." —Choice*

The eastern Continental Divide from Florida to Ontario contains the world's largest network of freshwater lakes, rivers, wetlands and coastal waters. It is home to an astonishingly large variety of ducks, geese and other waterfowl although many of them may be sighted both to the west or to the south at times in the year.

Illustrated with over 400 photographs of waterfowl in their natural environment, this essential field guide illustrates the rich diversity among these birds. It is designed specifically to help birders identify ducks, geese and shorebirds and become familiar with the features and colors to look for upon sighting a bird. Species information is concisely organized and includes the differences between male and female, seasonal and immature plumage, morphs and distinctive markings.

**Waterfowl of Eastern North America** covers ducks, geese, loons, pelicans, swans, grebes, coots, cormorants, and moorhens. The sections are:

- **Classification** A list of the birds in the book, how they are classified, notes similar shapes and behaviors of the dabblers; the divers; the mergansers; and the loons and grebes.
- **Identification** Annotated photographs show notable physical features used to aid identification.
- **Waterfowl Look-alikes:** Comparative photographs of Gulls, Phalaropes, Aquatic Seabirds, and Rails.
- **Table of Seasonal Status of Waterfowl in Point Pelee National Park** One of North America's most important migration stopovers this is an outstanding place to see and identify waterfowl.
- **Bird Profiles** Double-page spreads of essential information and descriptions to aid in identification.
- **Features Comparisons** Photographs of 33 species that are frequently misidentified and what to look for.
- **Flight Comparisons** Photographs of Dabblers, Geese and Swans, and Divers in flight.

FIREFLY BOOKS

978-0-2281-0247-2

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FEBRUARY

168 pages

5½ x 8½

400 color photographs, range maps, comparison charts, bibliography, index

Rights: World



Previous edition (paperback): 978-1-55407-057-2

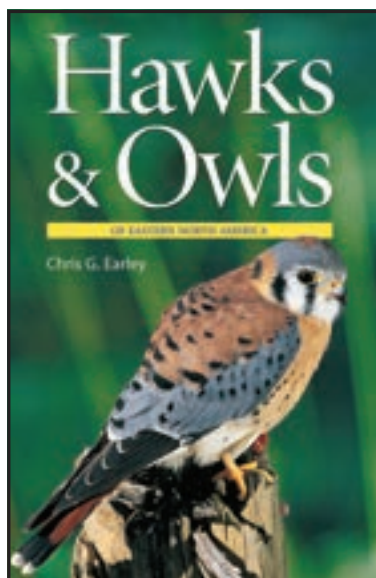


Finally, Chris Earley shares how readers can help waterfowl wherever they live, from a simple nesting box to bird counts. Birders and naturalists who want to support conservation groups that protect waterfowl and their quickly disappearing habitats will want to add this book to their library.

**Chris G. Earley** is the Interpretive Biologist of the Arboretum, University of Guelph, where he teaches bird identification workshops. He is the author of *Hawks and Owls*; *Sparrows and Finches*; and *Warblers*, all specific to the Great Lakes Region and Eastern North America region. His most recent book is *Feed the Birds: Attract and Identify 196 Common North American Birds*.



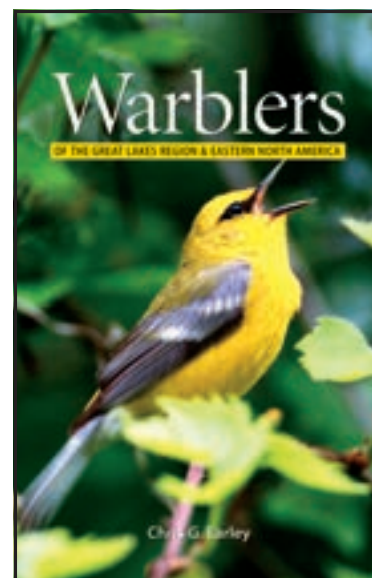
*Still available by Chris Earley:*



**2nd Edition,  
Revised & Expanded**  
**Hawks & Owls**  
of Eastern North America  
by Chris G. Earley  
144 pages · 5½ × 8½  
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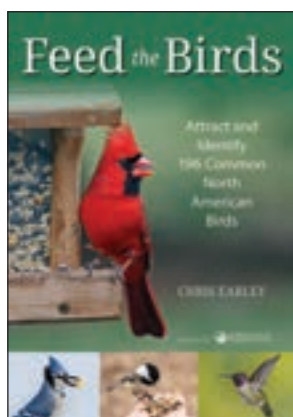


**Sparrows & Finches**  
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**Warblers**  
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*And birders will want:*



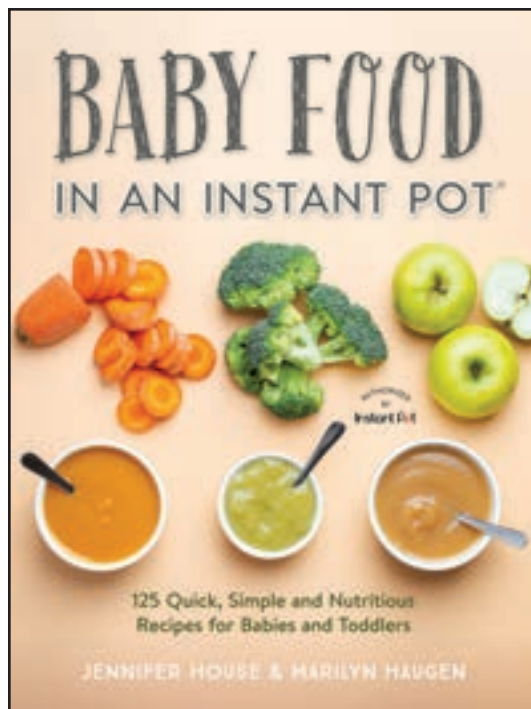
**Feed the Birds**  
by Chris Earley  
296 pages · 7 × 10  
**978-0-2281-0201-4**  
\$24.95 US / \$29.95 CDN  
paperback  
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**Hummingbirds**  
by Ronald Orenstein  
256 pages · 11 × 8½  
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MARCH

192 pages

7½ × 10

full color throughout,

16 pages of color photos,  
index

Rights: World



## PREVIOUSLY ANNOUNCED

**BABY FOOD IN AN INSTANT POT®***125 Quick, Simple and Nutritious Recipes for Babies and Toddlers*

Jennifer House, MSc, RD and Marilyn Haugen

**Short on time and sleep? Need baby food in an instant? Try baby food in an Instant Pot!**

For new moms and dads it's not always easy to prepare nutritious homemade baby food. The most popular and bestselling kitchen appliance of the last several years, the Instant Pot, will be a parent's new best friend and new favorite kitchen sidekick because of how quickly and easily it can help to get healthy and delicious food into the mouths of little ones — even the picky ones.

Here, parents will find everything they need to know to ensure that their baby's nutrient needs are being met, prevent choking, and handle picky eating. Included in the book are 125 balanced recipes for babies and toddlers at every age and stage of development. Recipes include 50 purées, 25 finger foods and 50 family-friendly recipes along with tips on storage times, serving fresh or freezing, and nutritional benefits of individual ingredients. The book even includes sample meal plans, tips on storage in the fridge and freezer, and frequently asked questions with answers from a pediatric dietitian.

**Jennifer House**, MSc, RD, owns a private nutrition practice called First Step Nutrition. With over a dozen years of experience, she has counseled hundreds of parents. She is the author of *The Parents' Guide to Baby-Led Weaning*. She lives in Alberta, Canada.

**Marilyn Haugen** is passionate about cooking and entertaining and has turned this passion into a successful career. She is the author of the bestselling *175 Best Instant Pot® Recipes* and *5-Ingredient Instant Pot® Cookbook*. She lives in Madison, Wisconsin.









## UPDATED FOR CANADIAN COOKS

### BERNARDIN COMPLETE BOOK OF HOME PRESERVING

*400 Delicious and Creative Recipes for Today*

Judi Kingry and Lauren Devine

*From the experts, the updated bible in home preserving.*

The massively bestselling **Bernardin Complete Book of Home Preserving** has been thoroughly updated to include changes and improvements over the last 15 years with new recipes and larger sections on low sugar and fermentation. Bernardin Home Canning Products are the gold standard in home preserving supplies, with their trademark jars on display in stores every summer from coast to coast. A companion to their products is this bible in home preserving from the experts on the practice which has sold more than a million copies since publication. The book includes 400 innovative recipes for salsas, savory sauces, pickles, chutneys, relishes and of course, jams, jellies, and fruit spreads. The book also offers comprehensive directions on safe canning and preserving methods plus lists of required equipment and utensils. Specific instructions for first-timers and handy tips for the experienced make this book a valuable addition to any kitchen library.

**Judi Kingry** and **Lauren Devine** have between them 20 years of experience in the preserving industry. They are both employed by Jarden Home Brands.

ROBERT ROSE 448 pages  
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APRIL



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## UPDATED FOR **AMERICAN COOKS**

### BALL COMPLETE BOOK OF HOME PRESERVING

*400 Delicious and Creative Recipes for Today*

Judi Kingry and Lauren Devine

*From the experts, the updated bible in home preserving.*

The massively bestselling **Ball Complete Book of Home Preserving** has been thoroughly updated to include changes and improvements over the last 15 years with new recipes and larger sections on low sugar and fermentation. Ball Home Canning Products are the gold standard in home preserving supplies, with their trademark jars on display in stores every summer from coast to coast. A companion to their products is this bible in home preserving from the experts on the practice, which has sold more than a million copies since publication. The book includes 400 innovative recipes for salsas, savory sauces, pickles, chutneys, relishes and of course, jams, jellies, and fruit spreads. The book also offers comprehensive directions on safe canning and preserving methods plus lists of required equipment and utensils. Specific instructions for first-timers and handy tips for the experienced make this book a valuable addition to any kitchen library.

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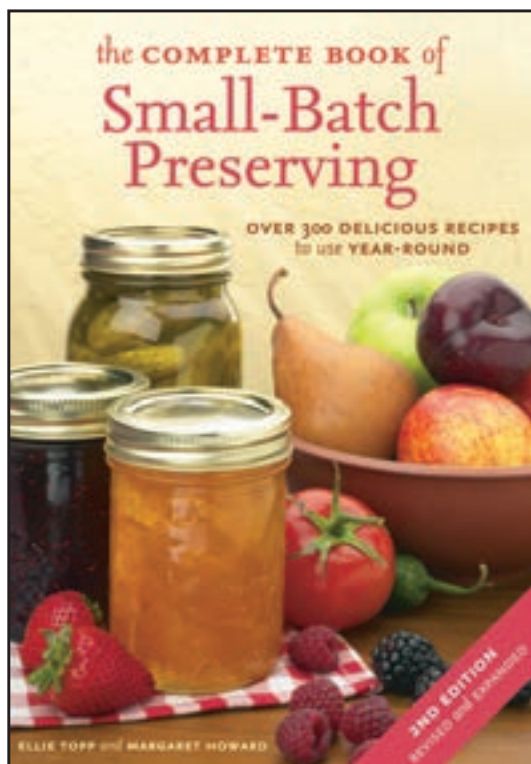
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page 12* →



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408 pages

6¾ × 9¾

32 pages of full-color  
photographs, gift ideas,  
index

Rights: World



## BACK IN PRINT

THE COMPLETE BOOK OF  
SMALL-BATCH PRESERVING*Over 300 Delicious Recipes to Use Year-Round*

Ellie Topp and Margaret Howard

*The easiest and safest methods for making delectable preserves in small batches — all year long.**"Takes the pressure off cooks who don't have much time... but still want to savor the season's bounty."*

—Chicago Tribune

**The Complete Book of Small-Batch Preserving** takes the guesswork out of home preserving. Both beginners and pros can make the most of fresh fruits and vegetables when these are readily available and inexpensive. Because these recipes require a minimum of time and fuss, home cooks will enjoy creating the preserves almost as much as everyone will enjoy tasting them.

Included are both traditional and new recipes. Detailed instructions provide the safest and latest processing methods. Some recipes are suitable for microwaves. A brand new chapter features freezer preserving as an alternative to the traditional methods. The more than 300 enticing recipes include:

- Jams, jellies and low-sugar spreads
- Conserves, butters and curds
- Pickles, relishes and chutneys
- Salsas, mustards and marinades
- Flavored oils
- Dessert sauces, syrups and liqueurs.

With delectable recipes and professional tips, **The Complete Book of Small-Batch Preserving** is the ideal guide for anyone who craves home-made preserves but doesn't want to spend all day in the kitchen.

**Ellie Topp** is a Professional Home Economist and a Certified Culinary Professional (CCP) by the International Association of Culinary Professionals. She holds a Bachelors degree in Home Economics from Northwestern University, a Masters degree in foods and nutrition from the University of Wisconsin and was a research associate in the Department of Food Research at the University of Illinois.

**Margaret Howard** is a Registered Dietitian and a Professional Home Economist. She holds a Bachelor Degree in Science, with a specialty in Home Economics from University of Western Ontario and interned in dietetics at Toronto General Hospital. Margaret has authored 15 cookbooks including several for people with diabetes published in cooperation with the Canadian Diabetes Association.





## BACK IN PRINT

## VEGAN EVERYDAY

500 Plant-Based Recipes

Douglas McNish

*Plant-based eating at its best, each and every day of the week.*

One of the pioneers of the vegan food movement, Doug McNish is known for offering dishes that are bold, innovative, fresh, easy and, above all, delicious. His recipes are vast and varied while using ingredients typically found in a vegan's kitchen or pantry, and you can find scrumptious recipes for a variety of dishes in **Vegan Everyday**.

McNish starts with "Vegan Basics," featuring 20 recipes for the dishes most popular in vegan cuisine, like Whipped Non-Dairy Butter, Mayonnaise, Curry Paste, Vegetable Stock and pie crust.

**Vegan Everyday** offers an incredible 500 recipes, including Tomato and Spinach Ragout, Buddhist Noodle Bowl, Cheesy Broccoli Soup, African-Spiced Tempeh Chili, Fettuccini Carbonara, Creamy Sweet Potato Linguine, Pineapple and Coconut Fried Rice and Chocolate Cherry Dream Bars.

**Douglas McNish** is a vegan executive chef, instructor and consultant, with a strong commitment to health and organics. He is also the author of the bestsellers *Eat Raw*, *Eat Well* and *Raw, Quick and Delicious!* Doug lives in Toronto, Canada.

ROBERT ROSE

978-0-7788-0499-4

paperback

\$24.95 US / \$29.95 CDN

Ctn qty: 16

576 pages

7 x 10

32 color photos, index

Rights: World

MARCH



## BACK IN PRINT

## FOOD PRESENTATION SECRETS

Styling Techniques of Professionals

Cara Hobday and Jo Denbury

*A practical guide to adding that professional flourish to any dish.*

**Food Presentation Secrets** provides professional cooking school instruction, tips and recipes for more than 100 sweet and savory garnishing ideas. Using this comprehensive guide, any home chef can make professional-looking garnishes with delicious edible ingredients.

Five comprehensive sections reveal the techniques, tools, ingredients and designs used by chefs in fine restaurants. Step-by-step illustrations show how to assemble the garnishes, and each is graded in difficulty from one to five. Handy checklists, tip boxes and identifier directories explain the best ways to use the different garnishes.

**Food Presentation Secrets** rivals a professional culinary course and will give all cooks the confidence to create attractive designs for any type of menu.

**Cara Hobday** has been a professional food journalist and stylist for 14 years and is the author of a number of cookbooks. **Jo Denbury** is a freelance journalist, stylist and writer based in London, England.

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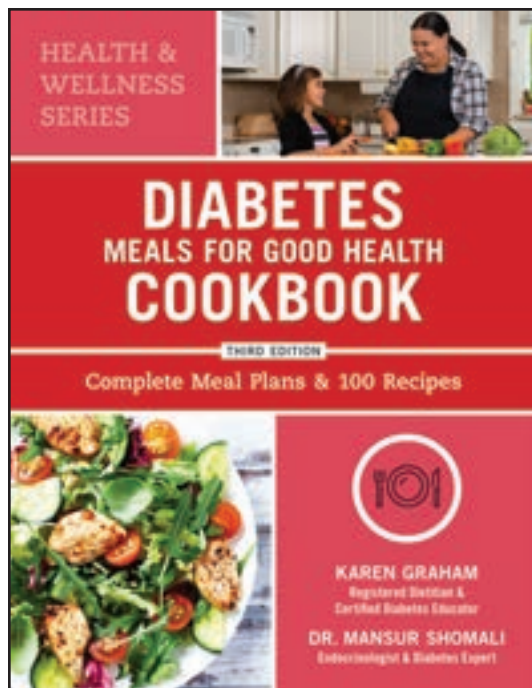
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**PREVIOUSLY ANNOUNCED • 3rd EDITION**

## DIABETES MEALS FOR GOOD HEALTH COOKBOOK

*Complete Meal Plans & 100 Recipes*

Karen Graham, RD, CDE and Mansur Shomali, MD, CM

*A diabetes cookbook for every day from a registered dietitian and certified diabetes educator.*

A new edition of the bestselling cookbook and companion to Karen Graham's *Complete Diabetes Guide*, it's been updated with recipes based on new research and best practices. In this book, the expert authors explain that carefully planned, nutritious meals and sensible portion sizes are an essential part of diabetes management.

**Diabetes Meals for Good Health Cookbook** gives step-by-step instructions for putting this advice into action. This simple and straightforward meal planning guide includes balanced options for every meal of the day, along with pairing advice and nutritional analysis. While one might assume that a meal supporting diabetes management is not very tasty, Karen Graham shows you that this is far from the truth.

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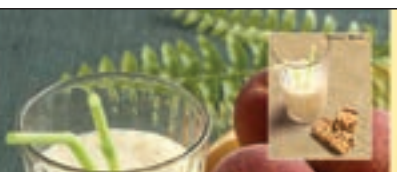
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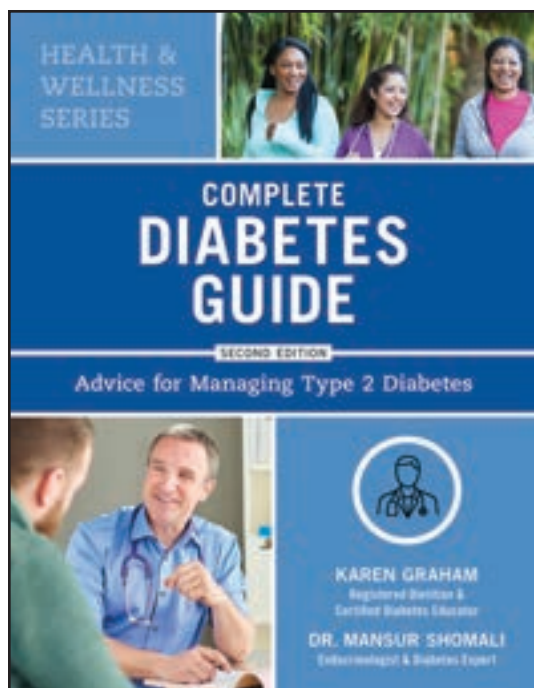


Previous edition (paperback): 978-0-7788-0403-1

**Karen Graham**, RD, CDE, is a registered dietitian, certified diabetes educator and nutrition counselor with over 30 years of specialization in the management and treatment of diabetes. She lives in British Columbia, Canada. **Mansur Shomali**, MD, CM, is the associate director of the Diabetes & Endocrine Center at MedStar Union Memorial Hospital. He teaches at the University of Maryland School of Medicine and at Johns Hopkins University School of Medicine. He lives in Baltimore, MD.







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index

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PREVIOUSLY ANNOUNCED • 2ND EDITION

## COMPLETE DIABETES GUIDE

*Advice for Managing Type 2 Diabetes*

Karen Graham, RD, CDE and Mansur Shomali, MD, CM

*An essential resource for anyone diagnosed with or at risk of developing diabetes.*

Recent CDC reports indicate that over 30 million Americans have diabetes and another 84 million have prediabetes. This new edition of one of the most highly respected resources on the subject offers new content based on the latest medical expertise on diabetes from a registered dietitian and certified diabetes educator, cowritten with an MD and diabetes expert.

**Complete Diabetes Guide** features essential information on underlying causes, clinical features and effective management options and treatments, along with personalized meal plans and lifestyle recommendations. This is a vital resource for anyone who has been diagnosed with diabetes or who is at risk of developing it.

Sections in the book include:

- Learning About Diabetes
- Taking Medication and Tests
- A 7-Deal Meal Plan
- Hands-on-Food Guide.

**Karen Graham**, RD, CDE, is a registered dietitian, certified diabetes educator and nutrition counselor with over 30 years of specialization in the management and treatment of diabetes. She lives in British Columbia, Canada. Her Diabetes series books are market-leaders and have sold over 250,000 copies.

**Mansur Shomali**, MD, CM, is the associate director of the Diabetes & Endocrine Center at MedStar Union Memorial Hospital. He teaches at the University of Maryland School of Medicine and at Johns Hopkins University School of Medicine. He lives in Baltimore, MD.





## JUST REPRINTED

**SERIOUSLY GOOD FREEZER MEALS**

*150 Easy Recipes to Save Your Time, Money and Sanity*  
Karrie Truman

In *Seriously Good Freezer Meals*, Karrie shares 150 recipes and photos that will change the way you think about freezer cooking. You won't find your mother or grandmother's freezer meals here (except lasagna, of course). Her recipes include Morning Energy Bars, Empanada Hand Pies, Coconut Cashew Basil Curry Soup, Smoky Grilled Louisiana Turkey Legs, and Layered Chocolate Mousse Cake with tons of vegetarian, gluten-free and vegan options, too. Plus, she adds a bulk-batch chart for ease in making large quantities of each freezer-meal recipe.

Karrie gives you all the tools you need to become a freezer-meal genius: information on shopping, cooking, freezing, thawing and everything in between. The book includes beginner, intermediate and advanced meal plan programs to guide you in cooking 7 to 50 meals in a day. You read that right: 50 meals in a day. No more excuses: it's time to start cooking delicious meals that will have you feeling anything but left out in the cold!

**Karrie Truman** is the creator of Happy Money Saver ([www.happymoneysaver.com](http://www.happymoneysaver.com)), a blog devoted to making delicious freezer meals and helping people learn ways to live life to the fullest while on a budget, which garners about 800,000 visitors per month.

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throughout, meal ideas,  
tips, index

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## JUST REPRINTED

**THE COMPLETE GUIDE TO SUSHI AND SASHIMI**

*Includes 625 Step-by-step Photographs*  
Jeffrey Elliot and Robby Cook

These easy-to-follow recipes come from two of the leading experts in North America, who explain everything there is to know about sushi and knives.

This incredible book provides all the information needed to get started — from ingredients and knives, to equipment, fish butchery, and plating techniques, making perfect rice and so much more.

With full color throughout, lots of recipes, a very user-friendly concealed wiro-bound hardcover binding, 500 photos and hundreds of tips and techniques, this sushi book is sure to become the go-to guide for sushi and sashimi lovers, novice and experienced alike.

**Jeffrey Elliot** is a graduate of the Culinary Institute of America. He is Director of Culinary Relations for Zwilling J.A. Henckels, Demeyere and Staub as well as the executive chef for Zwilling J.A. Henckels U.S. **Robby Cook** is the executive sushi chef at one of New York City's most respected and influential sushi restaurants.

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Ctn qty: 14

306 pages

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full color, 625 step-by-  
step photos, glossary,  
general index, index  
of Japanese terms,  
resources, references

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192 pages  
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## PREVIOUSLY ANNOUNCED

### SMOKE WOOD FIRE

*The Advanced Guide to Smoking Meat*

Jeff Phillips

Want to take your smoking meat and fish game to the next level? Let bestselling author and best-ranked smoking meat blogger Jeff Phillips get you out of the funk and into the flames.

This advanced guide includes detailed information on modern and legacy smoking techniques that range from cold smoking to getting the smoke just right in cold climates.

You'll also get in-depth insight and instruction on getting the most out of smokers and cookers, plus tools and accessories available to backyard smokers. Delve into the many woods, charcoals and pellets, the various smokers, brands and how to season them — even stovetop smokers. You'll learn the best use and choice of dehydrators, spice grinders, thermometers, knives and tongs. And get expert advice on injectors, water pans, spray bottles, foil pans and cleaning techniques. And of course, temperature control methods for perfect timing and results. And Jeff doesn't forget the meats — he covers wrapping, resting, handling, safety and much more.

And what's a book about smoking techniques without great recipes? This is where Jeff brings his own brand of innovative fare including recipes for dehydrating your own peppers for that perfect rub to a complete step by step instruction (with pictures) for making American style "streaky" bacon using a 100+ year-old brine recipe.

**Smoke Wood Fire** — learn to smoke like a pro, right in your backyard.

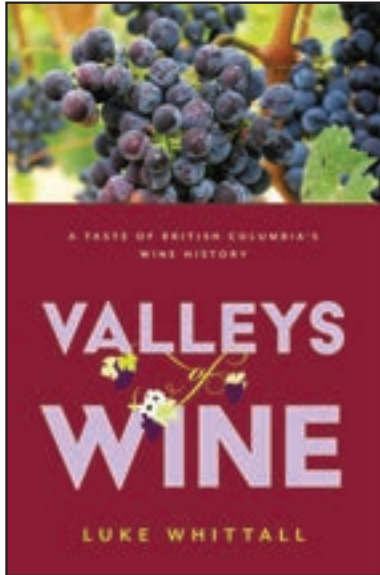
**Jeff Phillips** is author of the bestselling *Smoking Meat: The Essential Guide to Barbeque* and the creator of the smokin' hot website [smoking-meat.com](http://smoking-meat.com), the highest ranked smoking meat blog in America. He lives in Tulsa, Oklahoma with his wife and three children.

*By the same author:*



**Smoking Meat**  
 978-1-77050-038-9  
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## PREVIOUSLY ANNOUNCED

**VALLEYS OF WINE***A Taste of British Columbia's Wine History*

Luke Whittall

The story of a particular wine's history and flavour can vary, sometimes quite significantly, from one winery to another. In British Columbia's Okanagan Valley, these stories can be the result of a diverse geology, different aromatic ingredients, production methods ... or maybe just the winery owners themselves, originating from different backgrounds and careers, each with their own interpretation of the wines they mythologize.

With so many stories, it can be hard to separate the tall tales from the terroir, and *Valleys of Wine* is the first comprehensive text in decades to look at the actual history of Okanagan wine — not as a guidebook, but a regional history examining the trends and industry regulations that have continued to shape a thriving part of BC's economy.

Luke Whittall takes a detailed look at the evolution of BC wine from the earliest vines in the mid-19th century, to the estate wineries that have elevated British Columbia's wines to the international stage.

**Luke Whittall** has worked in British Columbia's wine industry since 2005 and lived in the Okanagan Valley since 2007. He produced a podcast and blog called "Wine Country BC" beginning in 2009 and has contributed articles to various publications and websites ever since.

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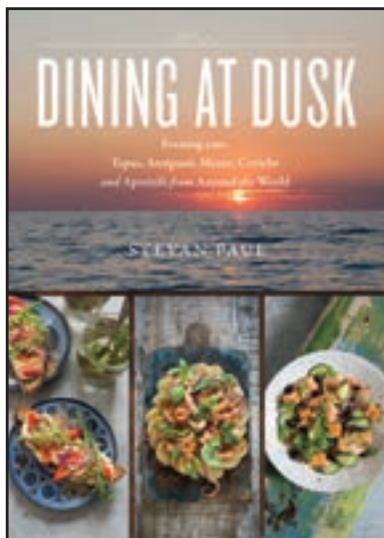
Ctn qty:

384 pages

6 × 9

16 pages of color photos,  
notes, index, afterword

DECEMBER

**No Canadian Rights,  
U.S. only****DINING AT DUSK***Evening Eats — Tapas, Antipasti, Mezze, Ceviche and  
Aperitifs from Around the World*

Stevan Paul

**Indulge with great food and drink ideas and thoughtfully curated  
playlists from around the world.**

At dusk, as afternoon relaxes into evening, there is a magic moment. The work day is done, and it's time for food and drinks with friends.

*Dining at Dusk* follows the golden hour around the globe — from Samoa, where the sun sets first, through Australia, Japan, India, Europe, Morocco and Brazil, to the USA and Mexico — celebrating the evening with Italian cicchetti, Spanish tapas, Greek mezzes, with tacos, yakitori, ceviche and more. Simple-to-prepare recipes with roots in local culinary and cultural traditions, each paired with the ideal drink and a thoughtfully curated playlist — this is the perfect cookbook for elegant, laid-back gatherings with friends.

**Stevan Paul** has been living in Hamburg for more than twenty years. Having trained as a chef, he works as freelance journalist, writing culinary pieces, columns and travel reports for magazines, trade journals and newspapers. He is the author of numerous cookbooks.

WHITECAP BOOKS

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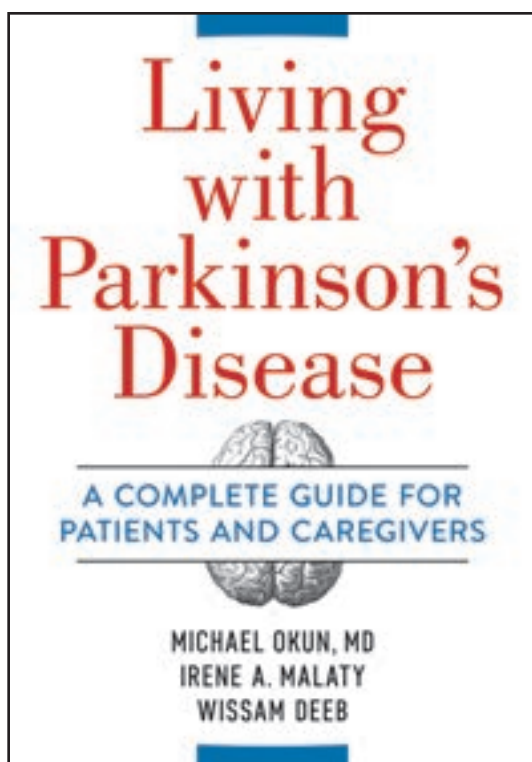
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full color throughout,  
recipe index

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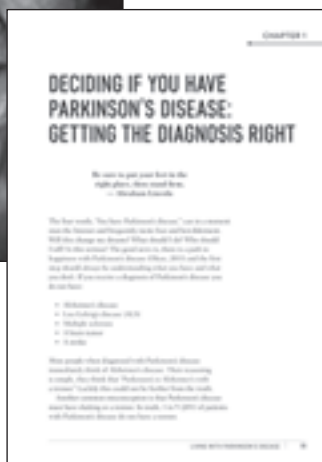
MARCH

320 pages

7 x 10

black-and-white images,  
index

Rights: World



## LIVING WITH PARKINSON'S DISEASE

*A Complete Guide for Patients and Caregivers*

Michael Okun, MD, Irene A. Malaty and Wissam Deeb

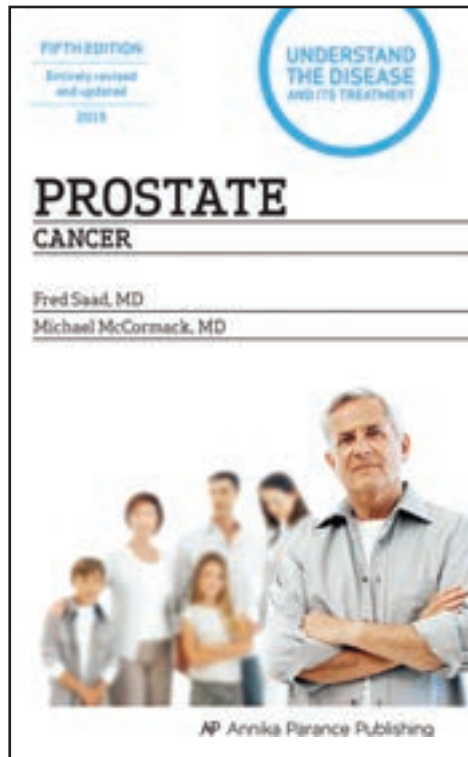
*An optimistic guide from an expert author and the world authority on Parkinson's disease.*

Worldwide, there are more than 10 million people living with Parkinson's disease (PD). In the US alone, approximately one million Americans live with PD and approximately 60,000 more are diagnosed each year. Internationally renowned as both a neurologist and a leading researcher, Dr. Okun has been referred to as "the voice" of these patients and a world authority on Parkinson's disease. His positive and optimistic approach has helped countless people manage their symptoms and achieve happiness despite them. This approach, detailed in his new book, ***Living with Parkinson's Disease***, is a critical resource for Parkinson's disease patients and their families. Presented in a friendly and easy-to-understand way, this book addresses PD-related issues and symptoms along with emerging therapies. In each chapter, Dr. Okun offers patients the necessary tools to manage their disease and to ultimately find joy and fulfilment in their lives.

**Michael Okun, M.D.**, is considered a world's authority on Parkinson's disease treatment and research. He is currently Executive Director of the Fixel Institute for Neurological Diseases, Chair of Neurology at the University of Florida and the National Medical Director for the Parkinson's Foundation. His work has been supported by grants from the Parkinson Foundation, the National Institutes of Health, the Parkinson Alliance, the Tourette Association of America and the Michael J. Fox Foundation for Parkinson's Disease Research. He runs the international "Ask The Expert" forums on the National Parkinson Foundation website and has written several books including *Parkinson's Treatment: 10 Secrets to a Happier Life* which has been translated into over 20 languages.

**Irene A. Malaty, M.D.**, is a Professor at the University of Florida where she completed a fellowship in movement disorders in 2007. She leads the Parkinson's Foundation Center of Excellence and is the President of the Florida Society of Neurology. She is known for quality, state-of-the-art care of Parkinson's disease, has authored many articles and travels the world lecturing on Parkinson's disease.

**Wissam Deeb, M.D.**, is a Professor at the University of Florida where he completed a fellowship in movement disorders in 2017. He is an expert in Parkinson's disease and in non-motor physiology. He holds a grant from the American Brain Foundation to develop wearable sensors within the clothing of neurological disease patients and is an advocate of patient centered care.



## 5th EDITION

# PROSTATE CANCER

## Understand the Disease and Its Treatment

Fred Saad, MD and Michael McCormack, MD

Prostate cancer is the most frequently diagnosed cancer in men. While most commonly diagnosed after age 60, prostate cancer can also occur in men in their forties and fifties.

Like other forms of cancer, this disease affects not only the patient but also his spouse and family. At the time of diagnosis, there are many questions that need to be answered. This book provides a simple, concise, practical guide to help patients understand prostate cancer.

Now in its fifth edition, it has, over the years, become an indispensable reference work. Written by medical specialists, it is an outstanding source of information on the prevention and causes of prostate cancer, its early diagnosis and the treatment options available, including their side effects and complications. This new edition looks at all the new diagnostic tools and treatments that have appeared since the last edition and that are bringing renewed hope to prostate cancer patients.

**Fred Saad**, MD, is the Chief of Urology at the University of Montreal Hospital Center.

**Michael McCormack**, MD, is a Professor of Surgery at the University of Montreal.

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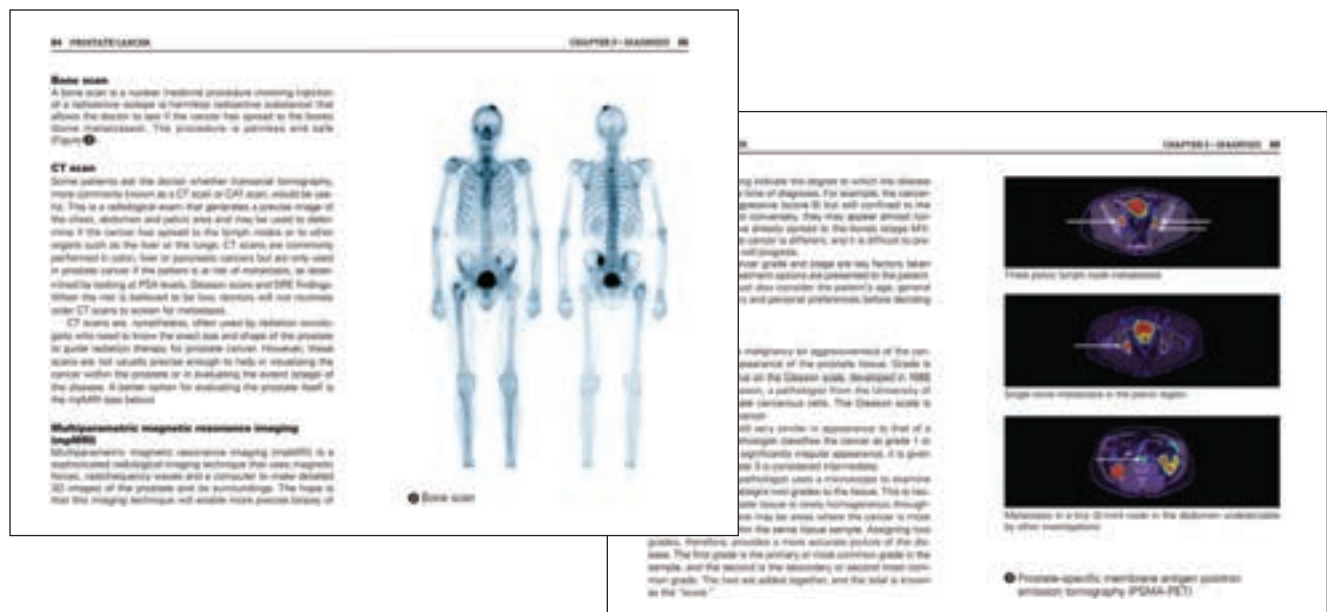
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FEBRUARY

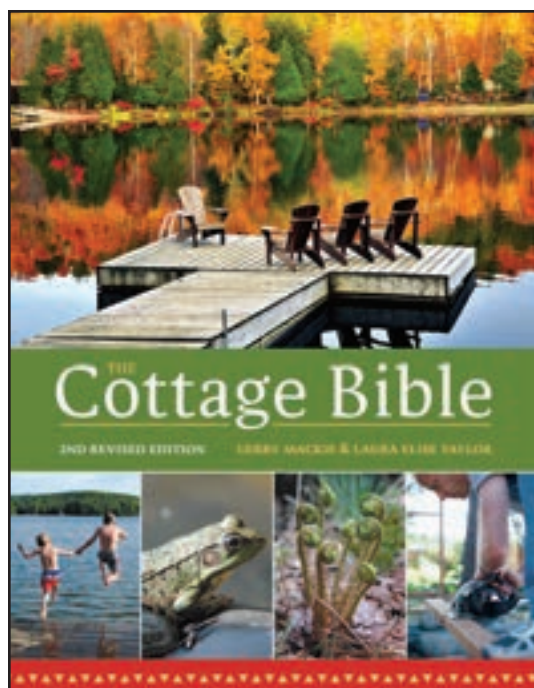
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280 pages

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800 color photographs  
and illustrations,  
bibliography, index

Rights: World



## SEASONAL HIGHLIGHT

## THE COTTAGE BIBLE

Gerry Mackie and Laura Elise Taylor

Praise for the first edition:

***"Cottagers, prepare to worship [this] must-have guide."***  
— The Toronto Star

***"New cabin owners will reap a greater confidence, a working vocabulary and an ace-up-their-sleeve with this book as a reference."*** — Cabin Life/Cabin Living

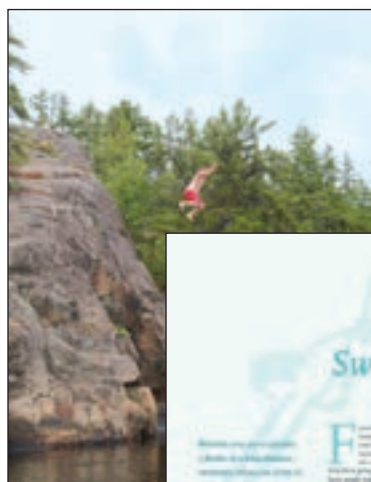
***The Cottage Bible*** is the most important reference for a cottage owner. The expert guidance is essential for any vacation home, especially one near water with unique challenges. There is year-round advice on maintenance, buying a cottage, repairing burst pipes, and how to keep a lake healthy.

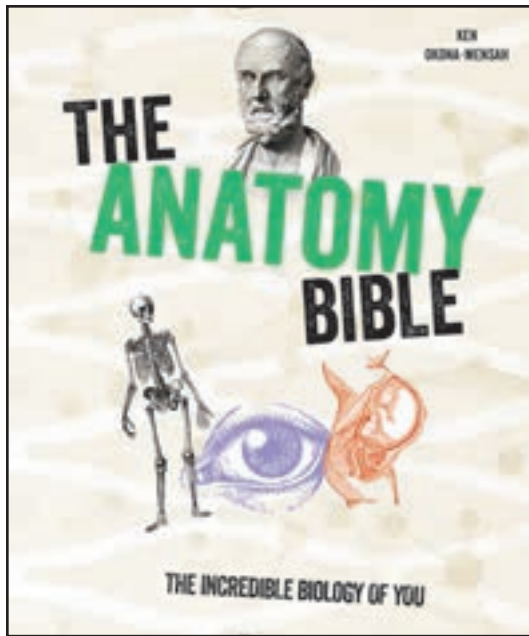
The authors share their wisdom in a colorful easy-to-use kit of troubleshooting, how-to guidance, and problem-solving tips such as:

- Buying a cottage
- Weather prediction
- Lake health and water quality
- Shoreline erosion
- pH and acid rain
- Maintenance tips for a safe well
- Aquatic organisms
- Septic systems
- Fishing essentials
- Building a dock
- Living with wildlife
- Light, heat and power
- Seasonal closing of the cottage
- Boating essentials
- Repairing burst pipes.

***The Cottage Bible*** is the essential year-round handbook.

**Gerry Mackie** is the author of four books and has contributed to a dozen others. He has 40 years of experience building and maintaining a cottage in the country. **Laura Elise Taylor** is a journalist and photographer.





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FEBRUARY



## THE ANATOMY BIBLE

*The Incredible Biology of You*

Ken Okona-Mensah

*The 15th title in our bestselling and renowned series covering all aspects of human life.*

Praise for the series:

*"Don't let the format fool you; the concepts are quite sophisticated, so many entries are brief but dense. Good for answering news-related ready reference questions and, despite its small size, suitable for circulating collections." —Booklist*

Like the previous titles in this series, *The Anatomy Bible* delivers a concise and entertaining package of authoritative information on a fundamental aspect of human existence; in this case, the bones and muscles and organs that make up human anatomy, the one common element of all human life.

The 13 illustrated chapters cover:

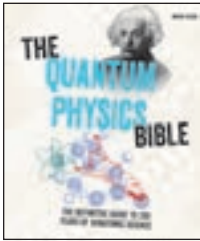
- **The Fundamentals** — The discovery and application of knowledge of human anatomy; the language of anatomy
- **Bit by Bit** — Organization of your body from cellular to chromosomal, to tissues and organs
- **The Ultimate Packaging Material** — The 3 layers of skin that protect us; fat, hair, glands and nails
- **Move Your Body** — The musculoskeletal system, bone; tendons, ligaments and muscles; cartilage and bone growth; aging
- **A Blood Red Superhighway** — The heart, arteries, capillaries, veins, oxygen
- **The Security Force** — Immunity and wound repair; lymphocytes; hypersensitivity
- **A Paramount Exchange** — Respiration and lungs
- **The Hub** — The nervous system; neurons, axons, the brain parts, cortices, the senses
- **Just A Messenger** — Chemicals and glands
- **GIT** — Upper and lower gastrointestinal tract and its parts, from mouth to throat to stomach to lower intestines; liver and gallbladder
- **Your Waterway Networks** — The urinary system; kidneys, bladder, ureter and urethra; blood filtering; blood pressure
- **Making Babies** — Structure and function of the male and female reproductive systems; genetics and inherited characteristics
- **Looking Ahead** — 21st-century anatomy.

The other titles in this wide-ranging series specialize in topics of interest for everyone and others that are more specialized, but we all have a body and, for the most part, they all work the same way. *The Anatomy Bible* is a wonderful reference to its secrets and an ideal selection for all readers.

**Ken Okona-Mensah** is a freelance science writer who has over 16 years' experience working in academia and writing about health-based topics. With a background in pharmacology and toxicology, research and science communication he previously worked as a scientific writer for Imperial College London where he produced technical and lay reviews for scientific advisory committees of Public Health England.



*Back in print:*



**The Quantum Physics Bible**

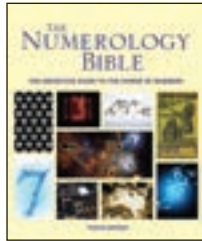
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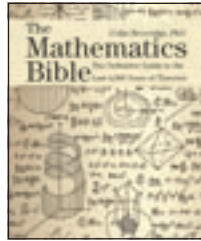
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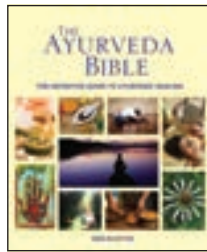
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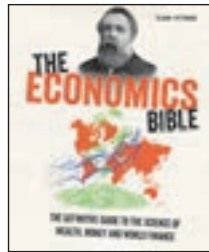
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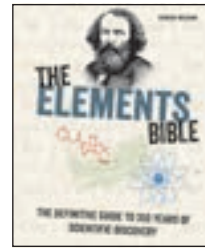
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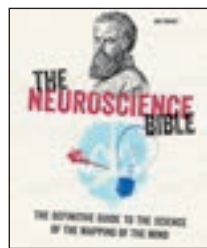
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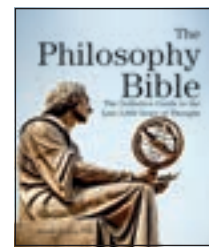
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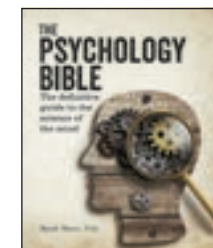
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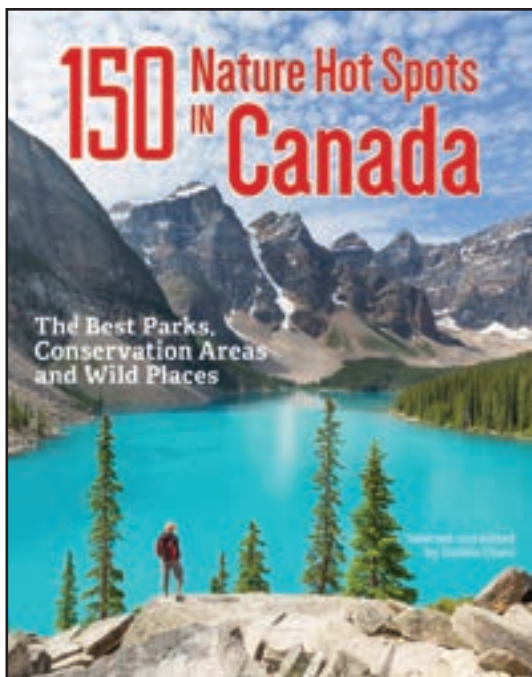
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Selected and Edited by Debbie Olsen

*The best of the Nature Hot Spots regional books in one national guide.*

**150 Nature Hot Spots in Canada** features a selection of destinations from the four existing Canadian nature hot spot guides with the addition of destinations in Quebec, Atlantic Canada and the territories. Like the other titles in the series, this guide is for travelers and adventurers looking to explore the Canadian Outdoors — a country with no shortage of breathtaking nature destinations.

The first section profiles 85 hot spots across the country, with details on location, accessibility and natural and recreational highlights. The second section features 65 destinations chosen for their specialized appeal, from backpacking trails to scenic drives to birdwatching. In all, the 150 nature hot spots provide options for every reader's taste and interests.

Here is a small sampling of the hot spots you'll discover:

- **West Coast** (British Columbia) includes Juan de Fuca Provincial Park, Botanical Beach, Ancient Forest Provincial Park and Gwaii Haanas National Park
- **Prairie Provinces** (Alberta, Saskatchewan, Manitoba) includes Waterton Lakes National Park (AB), Dinosaur Provincial Park (AB), the Great Sandhills (SK) and Whiteshell Provincial Park (MB)
- **Central Canada** (Ontario, Quebec) includes Long Point Provincial Park (ON), Rouge National Urban Park (ON), Thirty Thousand Islands (ON), Forillon National Park (QC) and Charlevoix Biosphere Reserve (QC)
- **Atlantic Canada** (New Brunswick, Nova Scotia, Prince Edward Island, Newfoundland and Labrador) includes Fundy National Park (NB), Kejimikujik National Park and National Historic Site (NS), Basin Head Provincial Park/Singing Sands (PEI) and Change Island and Fogo Island (NL)
- **The North** (Yukon Territories, Northwest Territories, Nunavut, plus northern BC, AB, SK and MB) Kluane National Park (YT), Great Slave Lake (NWT), Wood Buffalo National Park (AB/NWT), Churchill (MB) and Auyuittuq National Park (NU).

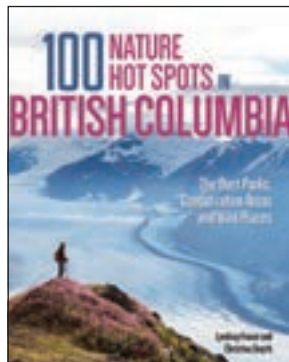
**150 Nature Hot Spots in Canada** is a nature lover's indispensable guide to the entire country, one that's known worldwide for its incredible sea-to-sea natural beauty and its endless recreational opportunities.

**Debbie Olsen** is an award-winning Alberta-based travel writer who loves to explore natural areas around the world. She is the co-author of *125 Nature Hot Spots in Alberta* and has contributed to nine Fodor's guidebooks about Alberta. She writes a regular travel column for the Calgary Herald.

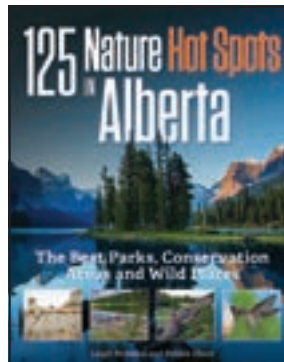
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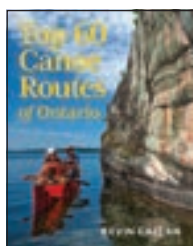
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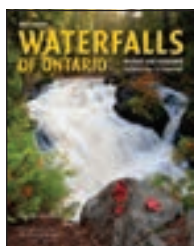
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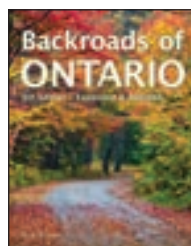
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### 3rd EDITION, UPDATED AND EXPANDED

## A PADDLER'S GUIDE TO ALGONQUIN PARK

Kevin Callan

*New in this edition: Ten new routes, 64 added pages, updated text — an essential purchase of a revised classic.*

Review of previous edition

*"The book is much more than a trip guide. Callan weaves in anecdotes from his own trips, so there's all the nuts and bolts info but with some good stories thrown in."*

— The Journal of Canadian Wilderness Canoeing

Ontario's Algonquin Park is one of North America's foremost canoeing destinations. Only a day's journey from the Great Lakes and much of the Eastern Seaboard, and 200 miles from Toronto, it's a paddler's paradise of spectacular lakes, rivers and marshes surrounded by maple hills and rocky ridges. The only way to explore the interior of the park is by canoe or on foot, where you will be rewarded with a chorus of wolves howling and the echoing call of loons. You may also see more of the abundant wildlife that call it home: moose, white-tailed deer, beaver, black bears, and more than 300 bird and 30 reptile species.

This revised and updated edition of ***A Paddler's Guide to Algonquin Park*** has 64 more pages, 10 new canoe routes for a total of 35, new photographs by Callan, and detailed redesigned maps showing portages and permitted campsites. Callan has chosen routes of varying difficulty and experience, from easy to deep backcountry.

The 10 new routes are: Across Algonquin; Cauliflower Lake; Lake la Muir/Crow Lake Loop; Lower Crow River; Mackaskill Lake; Godda Lake Loop; Carl Wilson Lake; Opeongo Lake; Ralph Bice/Daisy Loop; Big East River.

Along with updates of information according to changes in park conditions, regulations, closed routes and so on, the book includes this essential information:

- Route difficulty
- Portages
- Campsite locations
- Put-in and take-out recommendations
- Alternative access points
- Updated list of local outfitters and guides
- Updated web sites and more.

Kevin Callan has paddled Algonquin Park for three decades. His practical advice and lively descriptions are like having him sitting in the lead canoe — and that would be an adventure.

**Kevin Callan** is the leading author of books on canoeing in all regions of Ontario, including the Paddler's Guide series and *Wilderness Adventures*. He is a recipient of the National Magazine Award and a regularly featured speaker at North America's largest paddling events and as a guest on radio and television.

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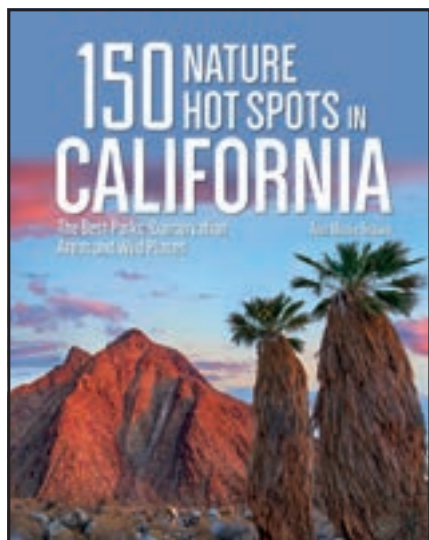
35 routes, 68 color photographs, 36 color maps, outfitters list, bibliography

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by Ann Marie Brown

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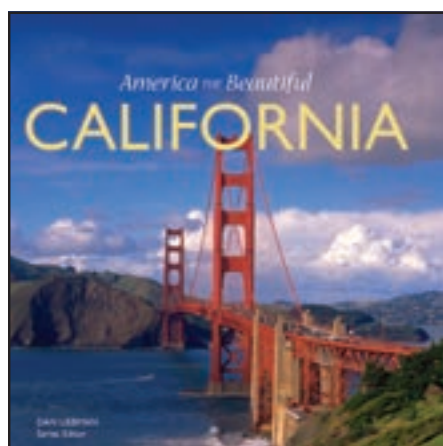
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*“An excellent book because it not only covers national parks and state parks but also lesser known reserves and public areas that you would never know existed. I thought I was an expert on California but when I read 150 Nature Hot Spots in California it provided me with many ideas for new trips.”*

— Family Road Trip Guru



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### Highway 1 California

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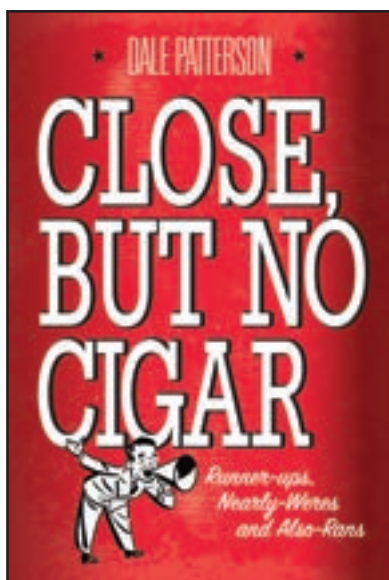
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## CLOSE, BUT NO CIGAR

*Runner-ups, Nearly-Weres and Also-Rans*

Dale Patterson

History is all about the winners, the heroes, the top dogs, right?

But what about those who almost made it, the “mighta, coulda, shoulda, wouldas” of the world? In this rousing collection by the author of *Fifteen Minutes of Fame*, veteran journalist Dale Patterson introduces the lovable losers and nearly-weres that reached the very cusp of glory, but fell a little short.

- You’ll read about Harold Stassen, who ran for president 10 times but never got the key to the White House.
- And Lord Halifax who in 1940 was front-runner to become Prime Minister of England but because of a dentist appointment, lost the job to Winston Churchill.
- Alfred Russel Wallace came up with the theory of evolution at the same time as Charles Darwin, but was relegated to near obscurity after publication of *The Origin of Species*.

***Close, But No Cigar*** is a fascinating ride through the flip side of fortune and fame — from science to sports to entertainment and politics.

**Dale Patterson** is the author of *Fifteen Minutes of Fame*. He lives near Toronto, Ontario.

RED DEER PRESS

978-0-88995-551-6

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Ctn qty:

FEBRUARY

264 pages

6 × 9

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## SEASONAL HIGHLIGHT

### THE MAPLE SYRUP BOOK

Janet Eagleson and Rosemary Hasner

***“A fun and fact-filled work guaranteed to delight folks of all ages.”***  
—Library Journal

A well-illustrated tribute to maple syrup, including Native legends of its discovery, its long history, how it’s made, types of syrup and its grading, stories from people who make it, recipes and notes on using it in cooking.

In this richly illustrated book, the authors explore every aspect of maple syrup. They relate Native legends surrounding its discovery and explain its importance in the pioneer diet. They cover the sugar maple’s exalted status in the maple tree family, and reveal why maple sap is still one of nature’s great mysteries.

A complete and fascinating resource filled with history, romance and sweet flavors, ***The Maple Syrup Book*** provides the full story behind a long-standing and important North American tradition.

**Janet Eagleson** is the author of *Nature Hikes*. **Rosemary Hasner** is a photographer whose images have appeared in books, magazines, and calendars.

BOSTON MILLS PRESS

978-1-77085-033-0

paperback \$19.95

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96 pages

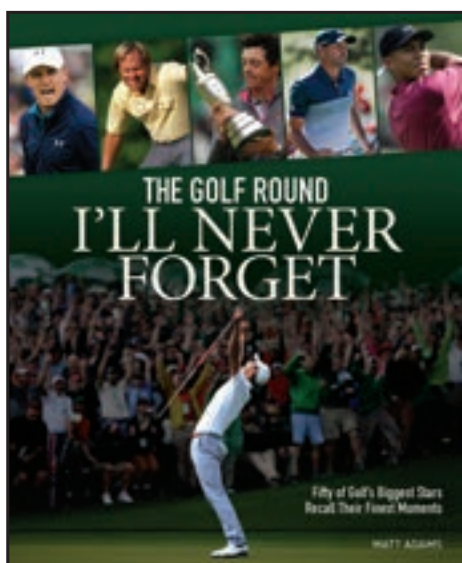
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70 color and black-  
and-white photographs,  
bibliography, index

Rights: World







## SEASONAL HIGHLIGHT

## THE GOLF ROUND I'LL NEVER FORGET

*Fifty of Golf's Biggest Stars Recall Their Finest Moments*  
Matt Adams

*Walk with the legends as they recount their greatest game.*

Readers will march the final round at Cherry Hills with Arnold Palmer as he outlasts Ben Hogan and fends off Jack Nicklaus for a remarkable comeback victory that would stand as his only U.S. Open win. Similarly, readers will revel in the 46-year-old Nicklaus' come-from-behind victory at the 1986 Masters. And, of course, there is the Tiger Slam — the unforgettable rounds that encompassed the never-before-achieved feat of winning all four majors in succession.

Presented with photographs and scorecards for each round, Matt Adams' expert prose and the illuminating quotes he elicits from his subjects makes the ***The Golf Round I'll Never Forget*** the perfect book for every duffer and accomplished golfer.

**Matt Adams** is a Golf Channel personality, a *New York Times* best-selling author and the host of the most listened-to live daily golf talk show in the world, "the Fairways of Life Show with Matt Adams" available on every major audio platform including FairwaysofLife.com, iHeart Radio, TuneIn Radio, iTunes and Spotify.

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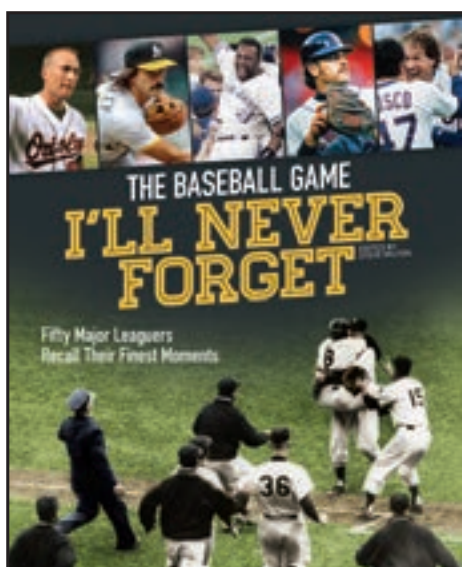
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more than 100

photographs throughout,  
scorecards, index

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## SEASONAL HIGHLIGHT

## THE BASEBALL GAME I'LL NEVER FORGET

*Fifty Major Leaguers Recall Their Finest Moments*  
edited by Steve Milton

*"A fine trip down memory lane for baseball fans." — Booklist*

With careers that often span decades, and with more than 160 games in each season, baseball players have a lot to consider when choosing the one game that stands out — but there is always at least one that leaps to mind for the "boys of summer". Combed from the vast archives of *Baseball Digest*, America's longest-running baseball publication, Steve Milton selects 50 such stories from the magazine's celebrated feature, "The Game I'll Never Forget."

***The Baseball Game I'll Never Forget*** includes much of what makes baseball a timeless sport: readers will learn about nail-biting victories, home runs, perfect games and career milestones.

**Steve Milton** is an award-winning sports journalist who has written dozens of books, from hockey to auto racing to figure skating. He is also the author of *Hockey Hall of Fame Book of Jerseys* and *Toughest I Ever Faced: Hockey Hall of Fame Players Remember Rivals, Teammates and Heroes*.

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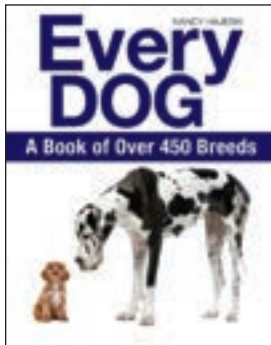
175 color and black-and-  
white photographs, index

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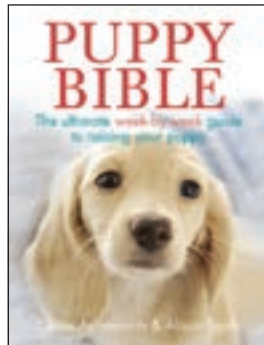
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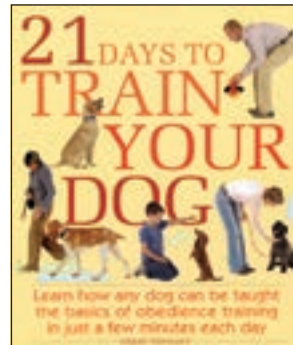
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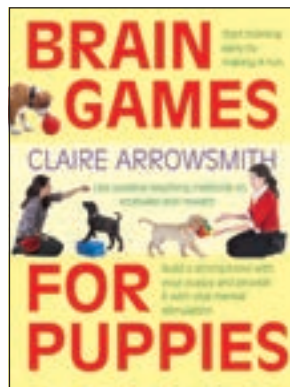
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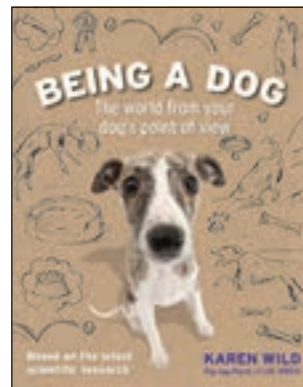
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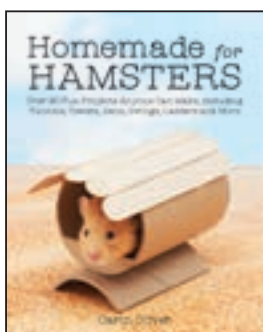
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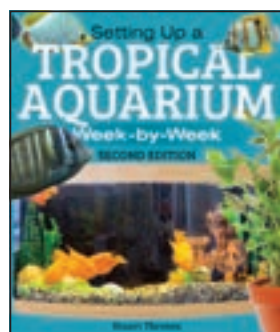
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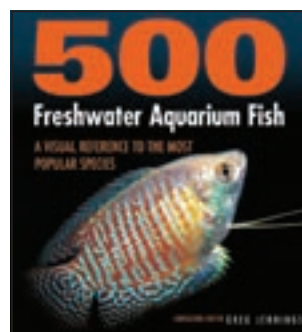
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## BACK IN PRINT

## 101 THINGS FOR KIDS TO DO OUTSIDE

Dawn Isaac

★ *"Highly recommended!"*

— Youth Services Book Review (starred review)

*"The first, fascinating thing to do with this book is to hand it to your children with a pile of post-it notes. By doing this with my 10-year-old son... I discovered that he basically wants to do anything that involves wildlife and getting absolutely filthy... Activity one of 101 and I was already a convert."* — Telegraph

**101 Things For Kids To Do Outside** is what every parent needs. It is for all children but especially the inactive children who like gaming, TV, movies, the soft couch, and too many snacks. The kids who believe "there's nothing to do outside" and have lost or never known the joy of outdoor play.

Each "thing" is described in language for a 6 to 9 year old and illustrated with engaging graphics. Younger children may need direction, at least the first time. Large pictures display the fun to be had.

The activities range from 10 minutes to full days of fun. They may require creativity, make-believe or physical exertion but they are all outside — rainy days, sunshiny days, even snowy days!

Examples of the 101 activities are:

- Weave a bird's nest
- Set up a potion lab
- Make nature rubbings
- Build a crawl tunnel
- Hold a mini Olympics
- Build a human sundial
- Make a nature walk bracelet
- Capture animal tracks
- Build a pitfall trap
- Fly a homemade kite
- Make a rain gauge
- Make a snow maze.

**Dawn Isaac** is an award-winning garden designer and mother. She spends much of her time coming up with new ways to persuade her three young children to go outside, a mission that is chronicled in her popular blog [www.littlegreenfingers.com](http://www.littlegreenfingers.com). She is also a horticultural adviser for TV and regularly writes for publications such as the *Guardian*, the *Telegraph* and *The Garden* magazine.

*By the same author:*



## 101 Things for Kids to Do on a Rainy Day

978-1-77085-753-7

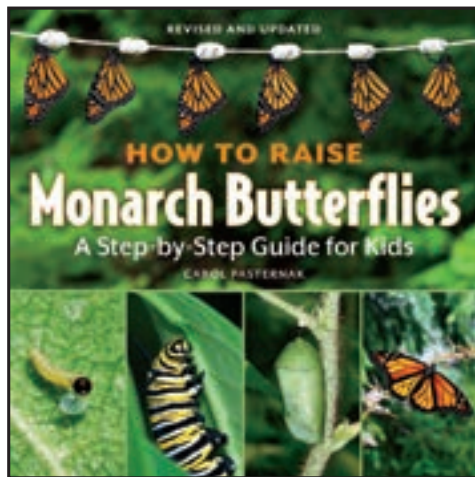
paperback \$19.95





Help us to make a difference this year!

With 40,000 in print, this book has helped to bring back the Monarch Butterfly.



## SEASONAL HIGHLIGHT

### HOW TO RAISE MONARCH BUTTERFLIES

A Step-by-Step Guide for Kids

Carol Pasternak

*"One of the most remarkable changes in nature is how a caterpillar turns into a butterfly, and this book, filled with beautiful photographs, tells kids how that change takes place and why it's so important for the environment. The book's easy-to-follow instructions, from finding caterpillars or monarch eggs to caring for them, will inspire you."*

— Washington Post

Observing a Monarch butterfly as it transforms itself from caterpillar to chrysalis to butterfly is among the most thrilling experiences that nature offers. Raising Monarch butterflies is made easy with the help of this detailed guide.

**How to Raise Monarch Butterflies** explains what threats Monarchs face today and how readers can help conserve the Monarch's feeding grounds from encroachment. Revel in one of the most remarkable miracles of nature.

Easy to follow step-by-step photos and text make this a great project guide for:

- school kids
- summer camps
- conservation groups
- scouts and guides
- adults who garden and want a cheap and simple project for a whole family.

#### FIREFLY BOOKS

978-1-77085-002-6

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Ctn qty: 60

AVAILABLE

48 pages

8 x 8

full color illustrations and photographs throughout, glossary, resources, index

Rights: World



Also available:

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Ctn qty: 32





## SEASONAL HIGHLIGHT

## THE LITTLE BOOK OF WOODLAND BIRD SONGS

Andrea Pinnington and Caz Buckingham

*Hear the songs and learn about 12 of North America's woodland birds.*

*The Little Book of Woodland Bird Songs* features recordings of twelve bird songs from some of the best-known woodland species seen and heard in North America. It is an interactive board book that is ideal for curious young readers. The sturdy pages are easy to turn and the twelve song buttons, each with a portrait of the bird, are easy to activate. The high-quality sound module is encased in durable plastic and the one-inch (3-cm) speaker makes it easy to hear and differentiate the elements of the bird's song, such as pitch, tempo and trills.

Beautiful lifelike illustrations aid in identifying the birds and a descriptive paragraph and facts panel provide information such as the time of day the bird is likely to sing, what it eats, behavior traits and how it constructs its nest.

**Caz Buckingham** and **Andrea Pinnington** are the founders of Fine Feather Press, which promotes a love of nature in children from an early age. They live near Farnham, UK.

FIREFLY BOOKS

978-0-2281-0031-7

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hardcover with 12 sound  
buttons, shrinkwrapped  
\$19.95

Ctn qty: 20

Ages 5–9

26 pages

8¾ × 8¾

full color throughout,  
plastic 12-button sound  
module with replaceable  
battery (included)

AVAILABLE

Rights: U.S. &amp; Canada



## BACK IN PRINT

## THE LITTLE BOOK OF BACKYARD BIRD SONGS

Andrea Pinnington and Caz Buckingham

*"It's the sort of book which children have to plead with the adults to let them have a look at. Everything about it is superb. Highly recommended." — The Bookbag.co.uk*

Being able to identify a bird's song is a skill that brings joy and fosters an appreciation of nature. Learning how to differentiate between the songs of a house finch and a goldfinch, however, is not easy. That is where this enchanting book comes into its own. It features recordings of twelve bird songs from some of the best-known garden bird species seen and heard across North America.

This is an interactive board book designed for any age with features for young readers. The board pages are easy to turn. The twelve song buttons are easy to activate and each bears a portrait of the singing bird. The high-quality sound module is encased in durable plastic, and the one-inch (3 cm) speaker makes it easy to hear and differentiate the elements of a bird's song, like pitch, tempo, whistles, trills and buzzes.

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Ages 5–9

26 pages

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full color throughout,  
plastic 12-button sound  
module with replaceable  
battery (included)

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## LOVE YOU FOREVER

Robert Munsch

illustrated by Sheila McGraw

Booksellers have sold more than 33 million copies of *Love You Forever* in paperback and hardcover.

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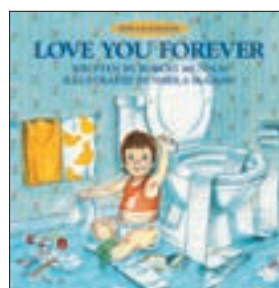
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illustrated by Sheila McGraw

*There are 3 million new children in America and Canada each year — and every family is touched by this book.*

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AVAILABLE

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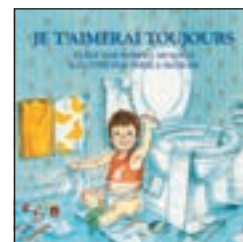
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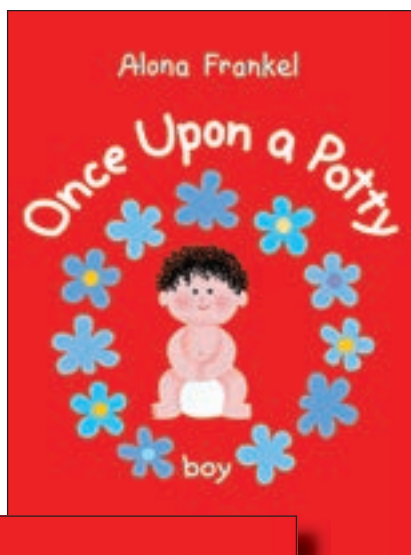
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Ages 1-4  
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full color illustrations  
throughout

AVAILABLE

Rights: World English



## BACK IN PRINT

### ONCE UPON A POTTY — BOY ONCE UPON A POTTY — GIRL

*The all-time favorite, now in a sturdy board book.*

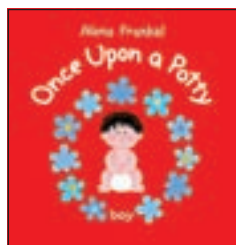
There are 28.9 million children under the age of five in the U.S. and all of them will need to be toilet trained. This classic book has already helped millions of parents get their children through a life milestone with ease and some entertainment too.

With **Once Upon a Potty**, a parent reads the book to their child or allows the child to read it while on the potty. Not surprisingly, the book takes some wear. This new board book edition will withstand such heavy use and survive the occasional water spill too.

This is THE potty training book. It has it all: bright graphics, simple language, a fun story and an anatomically correct hero. With an edition for each gender, the book relates directly to the child, making the potty-training process relatable and easy to understand.

#### Once Upon a Potty hardcover editions

Each book is written and illustrated by Alona Frankel · Ages 1-4  
40 pages · 7¼ × 7¼ · Rights: World English



#### Once Upon a Potty — Boy

978-1-55407-283-5 \$7.95  
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#### Once Upon a Potty — Girl

978-1-55407-284-2 \$7.95  
plastic-laminated hardcover



#### 10-copy display pre-pack — Boy

978-1-55407-285-9 \$79.50

#### 10-copy display pre-pack — Girl

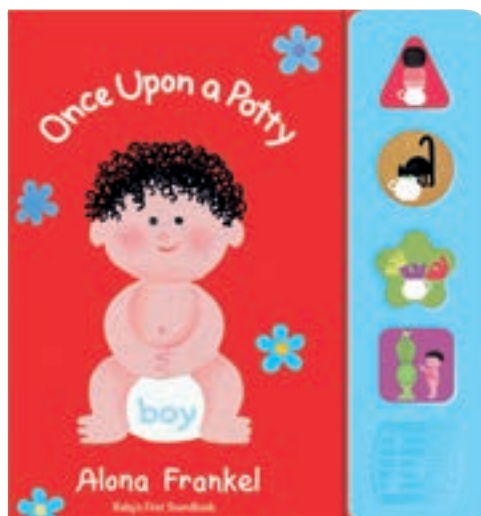
978-1-55407-286-6 \$79.50



#### 12-copy display pre-pack

6 Boy, 6 Girl

978-1-55407-350-4 \$95.40



## PREVIOUSLY ANNOUNCED

## ONCE UPON A POTTY — BOY ONCE UPON A POTTY — GIRL

*The all-time favorite, now with sound button technology.*

There are 28.9 million children under the age of five in the U.S. and all of them will need to be toilet trained. This classic book has already helped millions of parents get their children through a life milestone with ease and some entertainment too.

With **Once Upon a Potty**, a parent reads the book to their child or allows the child to read it while on the potty. Not surprisingly, the book takes some wear. This new edition will withstand such heavy use.

The four sound buttons cover the essentials, with a dose of amusement: a trumpet fanfare for success; kitty meows (is it a milk bowl?); birds singing; and the flush-it's-all-gone finale. The three AG-13 button cell 1.5V batteries are removable and replaceable, and access is childproof.

Since 1975, **Once Upon a Potty** has been THE potty training book. It has it all: bright graphics, simple language, a fun story and an anatomically correct hero. With an edition for each gender, the book relates directly to the child, making potty-training relatable and easy to understand. More than four million copies have sold worldwide.

**Alona Frankel** is the author and illustrator of 30 children's books. Her characters "Joshua" and "Prudence" from the Potty books have gone on to star in other stories and in videos and instruction books.



FIREFLY BOOKS  
Once Upon a Potty BOY  
**978-0-2281-0237-3**  
board book \$14.95  
Ctn qty:

Ages 1-4  
8 pages  
7 × 7½  
full color illustrations  
throughout, sound bar

FEBRUARY

Rights: World English



FIREFLY BOOKS  
Once Upon a Potty GIRL  
**978-0-2281-0238-0**  
board book \$14.95  
Ctn qty:

Ages 1-4  
8 pages  
7 × 7½  
full color illustrations  
throughout, sound bar

FEBRUARY

Rights: World English







RECENTLY PUBLISHED

# THE CASE OF THE GROWING BIRD FEEDER

Eric Hogan and Tara Hungerford

*"Hogan and Hungerford are changing informational books for young children by combining engaging characters with scientific facts in fun and analytical stories. A great series to help interest and educate young children in exploring the world around them."*  
— School Library Journal

Scout and Daisy are on a picnic and Daisy remembers that she's forgotten to water her bird feeders! But what kind of bird feeders need to be watered? Join Daisy as she helps Scout find clues to solve the Case of the Growing Bird Feeder.

**Eric Hogan** and **Tara Hungerford** are a husband-and-wife team who run Imagine Create Media and are the creators of The Gumboot Kids. They live and create with their two children in Vancouver, British Columbia.

**FIREFLY BOOKS** Ages 4–7  
**978-0-2281-0190-1** 32 pages  
paperback \$6.99 8 × 8  
Ctn qty: 100 full color throughout

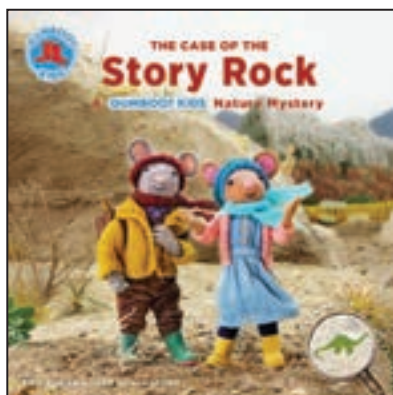
**AVAILABLE** Rights: World



Also available: **978-0-2281-0189-5**  
plastic-laminated  
hardcover \$19.95  
Ctn qty: 48



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## The Case of the Wooden Timekeeper

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**978-0-2281-0195-6**  
plastic-laminated hardcover \$19.95



2nd EDITION

## FIRE TRUCKS

Chris Oxlade

*The most popular mighty machine in the series.*

The Mighty Machines series (*Trucks; Cars; Bulldozers* and 11 more titles) has been a great success because children like big machines. A lot. And that's a fact proven by sales: *Fire Trucks* and *Rescue Vehicles* sold more than 50,000 copies.

**Fire Trucks** returns in a brand new edition that is all about the truck kids really love, fire trucks! Their enormous size, flashing lights and screaming sirens make them the most exciting of all the mighty machines. The thrill of the unknown — Where is it going? What happened? — just adds to the excitement.

**Fire Trucks** is full of bright red and yellow mighty machines. Vivid color and large type describe fire trucks, their parts and how firefighters use the equipment to battle the fire. A glossary, suggested activities and a quiz add to the fun. The big format and vibrant design make the book perfect for kids to read alone or share with a friend. Consider it an essential purchase for your juvenile collection.

The book shows a variety of fire trucks, including:

- Ladder trucks at a burning building
- Helicopters dropping water on a forest fire and airlifting a stranded dog from a mountain pass
- Airport rescue trucks with special lights and room for passengers
- New York City's harbor fire boats.

**Fire Trucks** is guaranteed to be a favorite, and at just \$6.95 like the rest of the series, it remains an excellent value.

**Chris Oxlade** is an author, editor and illustrator of more than 150 children's information books on a range of subjects, specializing in science and technology.

FIREFLY BOOKS

978-0-2281-0244-1

paperback \$6.95

Ctn qty:

MARCH

Ages 4 to 7

32 pages

9 x 10

full color throughout,  
glossary, quiz and  
activities, index

Rights: U.S. &amp; Canada



Previous edition (paperback): 978-1-55407-621-5



*For other titles in the Mighty Machines series, see page 90.*





**BACK IN PRINT****BABY KOALA**

Aubrey Lang and Wayne Lynch

*A Nature Babies title.*

The baby koala waits until she is six months old before she emerges from her mother's pouch. The baby isn't that curious about the outside world at first, but she's content to go along for the ride in Mother's pouch. Later she'll ride piggyback as they search the trees for the most tender eucalyptus leaves. But one day soon the youngster will have to face one of the greatest dangers in a koala's life — fire.

When **Aubrey Lang** met Dr. **Wayne Lynch**, she was a pediatric nurse and he was an emergency doctor. Within five years they were married and had left their jobs in medicine to work together as freelance science writers and wildlife photographers. They are the authors of the Nature Babies series.

Each Nature Babies book includes:

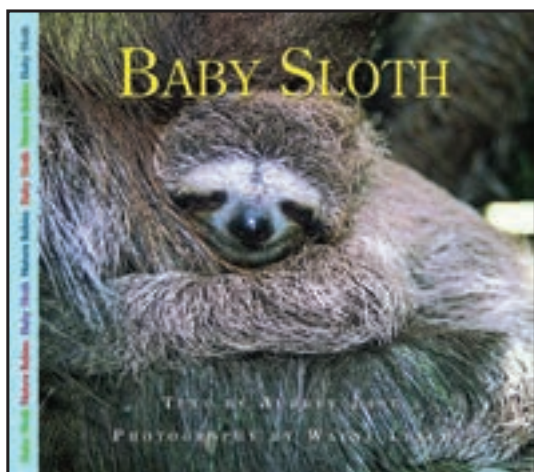
- Original color photographs taken in the wild
- Simple, informative stories
- A Did You Know? section of interesting facts
- Introduction, table of contents, and index for parents and teachers

A fine introduction to nature for preschoolers and primary readers.

FITZHENRY & WHITESIDE Ages 8–12  
 978-1-55041-876-7 36 pages  
 paperback \$7.95 7 × 8  
 Ctn qty: 100 full color throughout

FEBRUARY

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 U.S. only**

**BACK IN PRINT****BABY SLOTH**

Aubrey Lang and Wayne Lynch

*A Nature Babies title.*

High in the thick mangrove trees, a baby sloth clings to his mother. As he grows, the young sloth learns what leaves are best to eat, and where to climb the treetops to bask in the sunshine after frequent rains. But the sleepy sloth never leaves the safety of the trees. It isn't until his mother finally deserts him that the lonely young sloth must discover the world below all by himself.

When **Aubrey Lang** met Dr. **Wayne Lynch**, she was a pediatric nurse and he was an emergency doctor. Within five years they were married and had left their jobs in medicine to work together as freelance science writers and wildlife photographers. They are the authors of the Nature Babies series.

FITZHENRY & WHITESIDE Ages 8–12  
 978-1-55041-827-9 36 pages  
 paperback \$7.95 7 × 8  
 Ctn qty: 128 full color throughout

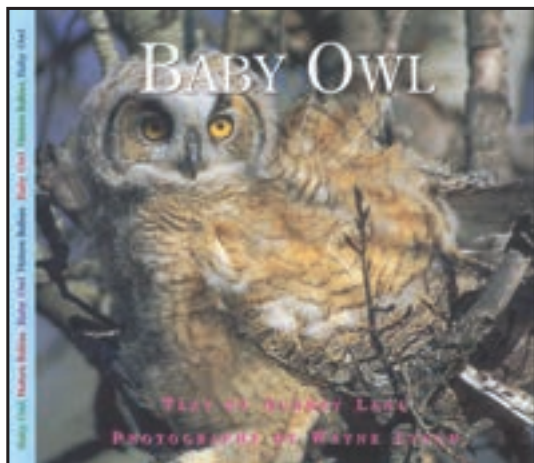
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*For other titles in the Nature Babies series, see page 91.*



**BACK IN PRINT****BABY OWL**

Aubrey Lang and Wayne Lynch

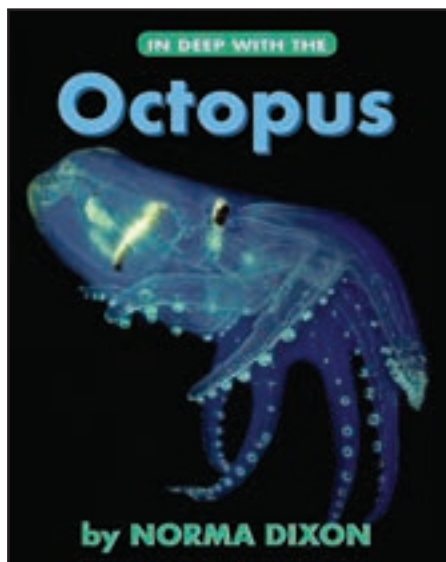
*A Nature Babies title.*

As their nest becomes more and more crowded, the baby great horned owls stretch and flap impatiently. But they can't fly just yet. Even if one of them falls from the tree and must find its own shelter on the ground, the little one still depends on its parents' care. There are many weeks to go before the young chicks will be strong enough to fly away and find homes of their own.

When **Aubrey Lang** met Dr. **Wayne Lynch**, she was a pediatric nurse and he was an emergency doctor. Within five years they were married and had left their jobs in medicine to work together as freelance science writers and wildlife photographers. They are the authors of the Nature Babies series.

FITZHENRY & WHITESIDE Ages 8–12  
 978-1-55041-796-8 36 pages  
 hardcover \$7.95 7 × 8  
 Ctn qty: 48 full color throughout

AVAILABLE

**No Canadian Rights,  
U.S. only****NOW IN PAPERBACK****IN DEEP WITH THE OCTOPUS**

Norma Dixon

*"In Deep with the Octopus is filled with interesting information and is worth considering if you need a book about these intelligent and threatened sea creatures." Recommended. — CM Magazine*

Octopuses are eight-armed, boneless, solitary sea creatures. Some can weigh over 200 pounds while others can be as small as a golf ball. They have taste receptors all over their bodies, and scent receptors on every arm. One kind of octopus can even spit out toxic saliva at its enemies! These complex creatures can solve problems, store memories, recognize shapes and even mimic other creatures.

In this book, young readers can:

- Learn how octopuses shoot ink.
- Explore habitats.
- Find out how octopuses have changed over the centuries.
- Discover the neat tricks they perform.
- Learn what octopuses eat, and what eats them.
- Take a quiz.

**Norma Dixon** has worked as an ad writer, proofreader, and a school programs guide at the Vancouver Museum and the VanDusen Botanical Gardens, but now devotes her time to her writing. Norma is the author of *Focus on Flies* and *Lowdown on Earthworms*. Norma lives in Vancouver, BC.

FITZHENRY & WHITESIDE Ages 6–10  
 978-1-55455-482-9 40 pages  
 paperback \$14.95 8¼ × 10¼  
 Ctn qty: full color throughout

FEBRUARY

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Previous edition (hardcover): 978-1-55455-270-2

FIREFLY BOOKS SPRING 2020



NOW IN PAPERBACK

## BUZZ ABOUT BEES

Kari-Lynn Winters

*"Buzz About Bees is a great overview of all things apiarian. Pick up this book and it engages you with a true/false quiz about what you and your students may or may not know about bees... If you can navigate the BEE-wildering array of apiarian puns, this is a great introduction to all things bees."*

— National Science Teachers Association

Imagine a world without bees. Not only would it be less colorful — with fewer wildflowers and flowering plants — it would be less fruitful as well. A world without bees would mean a world where the food supply would be significantly diminished. Global bee researcher Laurence Packer estimates that bees are responsible for 1/3 of our food supply. Accompanying information about the history, social structure and science behind the world of bees and honey are conservation activities to make the world a place where hives of bees can thrive.

**Kari-Lynn Winters** is a picture book author, poet, and performer. She enjoys being in the classroom in any capacity, as a presenter, a teacher, or as a student. After finishing her doctoral program at UBC in literacy education, Kari-Lynn became an Assistant Professor in the Department of Teacher Education at Brock University in St. Catharines, Ontario, where she teaches drama-in-education and mentors teacher candidates. Her books for young readers include *Hungry for Science*, *Hungry for Math* and *Gift Days*.

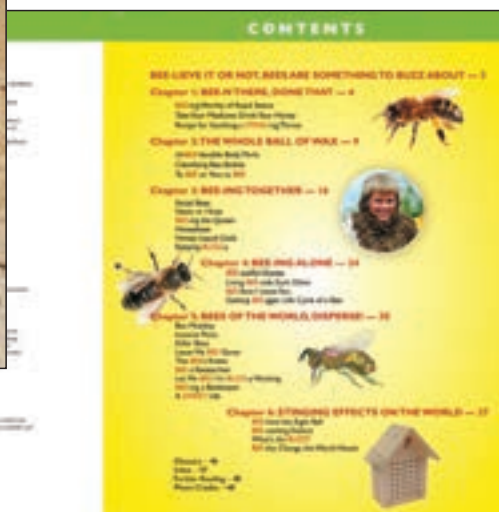
FITZHENRY & WHITESIDE Ages 6–10  
 978-1-55455-483-6 40 pages  
 paperback \$14.95 8 × 10  
 Ctn qty: full color throughout

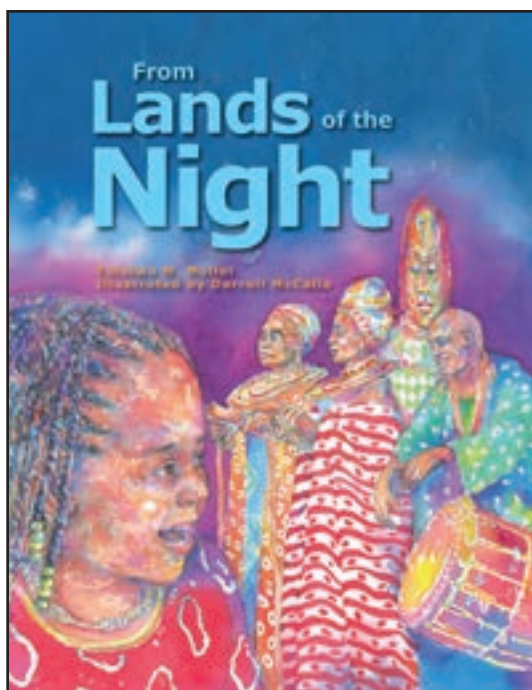
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Previous edition (hardcover): 978-1-55455-202-3





NOW IN PAPERBACK

## FROM LANDS OF THE NIGHT

Tololwa M. Mollel

illustrations by Darrell McCalla

***"The kindness of ancestors and angels restores a helpless infant to health in this gentle story, beautifully illustrated with vibrant colors and vivid depictions of traditional African garments and customs." — Midwest Book Review***

In this powerful and inspiring story, the young girl Ra-Eli watches as her family agonizes over the illness of her baby brother Samson. When they approach a healer, the answer comes:

*"Hold a ceremony to honor your ancestors and ask them to help, a joyful ceremony filled with guests."*

*"Joyful?" my mother said. "How can we be joyful at a time like this?"*

*"A joyful ceremony it must be," replied the healer. "Nothing less will bring the ancestors from their lands of the night. Let's seek joy in hope."*

RED DEER PRESS

978-0-88995-581-3

paperback \$12.95  
Ctn qty:

Ages 6–9

32 pages

8½ × 11

full color throughout

FEBRUARY

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Previous edition (hardcover): 978-0-88995-498-4

And there follows one of those magical sequences that are found in the traditional tales of East Africa, where author Tololwa Mollel comes from. First, neighbors and friends come to the event — then angels and finally Mola — God. Music and dancing ensue, and when the exhausted Ra-Eli wakes, Mola hands the now recovered baby to his joyful mother.

This story is a true testament to the power of ceremony and music and the honoring of ancestors who come, from the lands of the night.

**Tololwa M. Mollel** is a children's author, dramatist and storyteller. He grew up in Arusha Tanzania when oral tradition was still alive and well. Tololwa has written over sixteen books using traditional folklore as their basis. He has worked as an actor and university theatre instructor in Tanzania and Canada, and as a writer-in-residence for the Edmonton Public Library. His books include award-winning titles such as *Orphan Boy* and *Rhinos for Lunch and Elephants for Supper!*. His books have been translated into various South African languages and into Korean. He lives in Edmonton, Alberta.

**Darrell McCalla** is a graphic designer and artist who grew up in Jamaica, resulting in his use of a vibrant Caribbean-influenced palette of colors. A past graduate of the Leeds College of Art, McCalla works in acrylics and watercolors.





BACK IN PRINT

## THE BROOKLYN BRIDGE

*The Story of the World's Most Famous Bridge and the Remarkable Family That Built It*

Elizabeth Mann; illustrated by Alan Witschonke

John Roebling had a dream.

He would build the world's longest bridge and he would build it in a new way. But his way was too new. It took 15 years to convince people it would work. And then, just as construction was to begin, John Roebling was killed in a freak accident.

That should have been the end of the story of the Brooklyn Bridge. Instead, it was the beginning. For John wasn't the only Roebling who could dream.

*The Brooklyn Bridge* is about a legendary feat of engineering and an extraordinary family. Through rare, historical photographs, informative diagrams, and powerful illustrations, we learn exactly how this magnificent bridge was designed and constructed. From the Roeblings, we learn of loyalty, courage, sacrifice, and commitment.

*The Brooklyn Bridge* is the story of a bridge across a great river and a bridge across generations, a bridge of stone and steel and one of the human spirit.

**Elizabeth Mann** has written nine Wonders of the World books, an award-winning series. She is former teacher in New York, holds an M.S.E. and is cofounder of Mikaya Press.

MIKAYA PRESS

978-1-931414-16-6  
paperback \$14.95  
Ctn qty: 45

48 pages  
10 x 10  
36 full color illustrations,  
prints and photos,  
2 gatefolds

FEBRUARY

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Also available:

978-0-965049-30-6  
hardcover with jacket  
\$24.95  
Ctn qty: 32



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illustrated by Alan Witschonke  
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\$12.95 paperback

978-1-931414-06-7  
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978-0-9650493-1-3  
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illustrated by Amy Crehore  
978-1-931414-10-4  
\$12.95 paperback

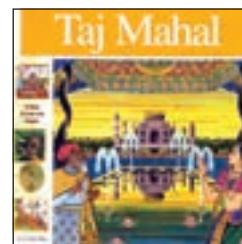
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978-0-9650493-4-4  
\$22.95 US / \$24.95 CDN  
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**The Parthenon**  
illustrations by Yuan Lee  
978-1-931414-15-9 \$22.95  
hardcover with jacket

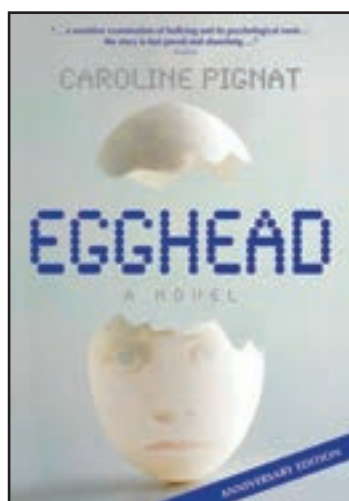
**The Roman Colosseum**  
illustrated by Michael Racz  
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\$12.95 paperback

**Statue of Liberty**  
illustrated by Alan Witschonke  
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**Taj Mahal**  
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hardcover with jacket

**Tikal**  
illustrated by Tom McNeely  
978-1-931414-05-0  
\$19.95 US / \$26.95 CDN  
hardcover with jacket



## NEW ANNIVERSARY EDITION

## EGGHEAD

Caroline Pignat

*"A sensitive examination of bullying and its psychological roots... the story is fast paced and absorbing."* — Booklist

How long would you stand by? What do you do when your best friend is bullied? What do you do if he is a bully? Bystanders Katie and Devan see things very differently, but one thing is clear: Grade 9 life is hard. Told through the voices of Katie and Devan, and bully's target Will's poignant poems, **Egghead** shows how bullying affects everyone... and that there is more than one side to every story.

**Caroline Pignat** is a two-time winner of Canada's Governor General's Literary Award. **Egghead** was her first novel. This Anniversary Edition celebrates the book's ten-plus years in print and tens of thousands of copies sold internationally. Caroline is also the author of *Greener Grass*, *Timber Wolf*, *The Gospel Truth* and the picture book, *Poetree*. She lives with her family near Ottawa, Ontario.

RED DEER PRESS  
978-0-88995-580-6  
paperback \$12.95  
Ctn qty:

Ages 12+  
176 pages  
6 × 9

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U.S. only

FEBRUARY



## LARKIN ON THE SHORE

Jean Mills

Larkin Day is a messed up 15-year-old. She has just escaped a nasty Grade 10 year to spend summer with her grandmother in seaside Nova Scotia. It's the perfect setting to seek healing by putting all her energies into a local café project. If you're hurting, she learns, one of the best solutions is to invest yourself in something that can make you feel like you're part of something bigger than yourself. But when an arsonist attempts to destroy the project, Larkin is forced to figure out a way to expose the criminal while keeping her life from coming off the rails again.

This beautifully crafted coming-of-age story is Jean Mills' second young adult novel with Red Deer. She reveals a deep understanding of young people, their strengths and the hazards they face in dealing with each other and the world.

**Jean Mills** is the author of *Skating Over Thin Ice*. She lives with her family in Guelph, Ontario.

RED DEER PRESS  
978-0-88995-577-6  
paperback \$14.95  
Ctn qty:

Ages 12+  
320 pages  
5½ × 7¼

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U.S. only

FEBRUARY





## JUST A KID

Rie Charles

One morning, Meerin Hoy looks out her window to Carson's Field. There to her shock stand two big development signs — spelling the end to her community's most beloved park. But nine-year-old Meerin is no ordinary girl. She is determined to act. When she confronts the mayor in person he quickly dismisses her as "just a kid." It's time for Meerin to take on the tools of a local activist and save an important community asset from the powers that be.

***Just a Kid*** is a reflection of movements that are occurring in many parts of the world today — some of them inspired by the advocacy of Greta Thunberg, the students of Parkland in Florida, and many others. ***Just a Kid*** is a timely novel for young readers to learn about the possibilities of influencing the adult world, even when it seems no one wants to listen.

**Rie Charles** has published three other novels for young readers, and lives in the Okanagan valley in British Columbia.

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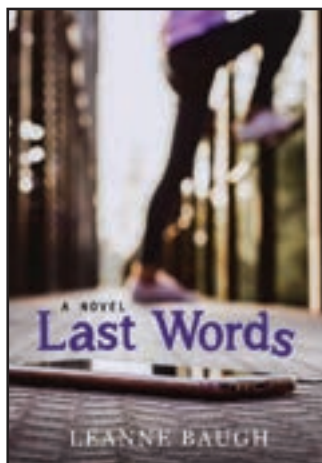
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## LAST WORDS

Leanne Baugh

Sixteen-year-old Claire is walking across Lions Gate Bridge in Vancouver when a young man approaches. He's laughing and talking on his cellphone. Then, when they get close, he reaches out, hands her his phone, says, "I'm sorry," — then climbs over the railing and jumps. This is the shockingly vivid first scene of Leanne Baugh's young adult novel, ***Last Words***, a moment that profoundly changes Claire's life as she searches for an explanation to this mysterious suicide.

In the end, Claire's investigation becomes an assertion of life, rather than a mourning over death. Pivotal to the story is Claire meeting with Kiki, a young cancer patient whose determined passion for life inspires her to embrace the everyday. Then there's Claire's sister Belle, who has Down's syndrome and is a steady reminder that life is messy but full of possibilities. This profound novel is rich in diverse characters that illustrate what it is to live fully in this world.

**Leanne Baugh** is a TV and film script writer who has turned her talents to fiction. She is the author of *The Story of My Face*. Leanne lives in Vancouver, British Columbia.

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